



AVON COUNTY ROWING CLUB

MINUTES

Committee meeting held via Zoom

Monday 12 June 2023

Present: Jane Day (JDy), Jim Dawson (JDw), Katherine Greenhead (KG), Jon Garner (JG), Tim Grice (TG), Patsy Lamb (PL), Marian Lovell (ML), Kaitlyn Noble (KN); Kim Pennelegion (KP), Penny Senior (PSen), Philippa Sondheimer (PSon), Julian Sondheimer (JSon)

Apologies: Antony Constantinidi (AC), Angie Scott (AS), Will Gray (WG), Poppy Kearney (PK), Gudrun Wiesenthal-Saunders (GW-S); Halina Bellova (HB)

1. Minutes of last meeting – Approved and adopted

JG welcomed KN to the Committee, KN is the President of BSU for the forthcoming academic year. HB will also be joining the committee as BSU representative.

2. Update on Action list –

ACTIONS FROM 31/10/22 meeting:	
Boat House Management Committee KP/JG to meet to discuss boards/displays	Ongoing.
ACTIONS FROM 30/01/23 meeting:	
Calendar of events	Work in progress.
ACTIONS FROM 20/03/23 meeting	
Go Row Indoor Advertising	All to consider how we can advertise GRI and let PSen know ideas PSen to ask Julien Taverner from Ariel what they have found most useful for advertising GW-S is taking some Sunday morning sessions whilst we recruit more instructors. PSen has contacted some local ex-juniors, awaiting responses. Noted that this is now a quiet period for indoor rowing, will push again in the autumn. To review again at Christmas.
Boathouse Management committee Pontoon	JDw progressing discussions with Monkton re pontoon Work in progress – it is likely that we may get the equivalent of 2/3 of the pontoon from Dundas. We will need to look at other options – either adding to the pontoon we get from MNK or purchasing existing style. Avon-Bluefriars Head will be date to aim for.
Safety Small heater for emergency use	JG to add request in RNs Heater is now located upstairs



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Minerva/investigation to determine whether Minerva has a defib for emergency use	JG to liaise with Maggie Cook/MIN
Club website Potential for DofE, BSU, A Rees to input into revising website	JDy to speak to ARees re website content Potential rejoiner (mens' squad) who has expressed an interest in helping with the club website
ACTIONS FROM 24/4/23 meeting	
Club 50 th anniversary celebration	JDy to gauge interest No follow-up as yet. Work in progress.
First Aid course Took place 4/6/23, KP to update the FA notice board	KP currently awaiting a number of photographs/contact details, will then finalise FA board.
Membership BSU membership	PSon to liaise with Ella re BSU membership after end of academic year PSon to liaise with Kaitlyn. Nothing outstanding this year.
Finances Club insurances – cover provided for volunteers	JSon/TG to explore further JSon has provided insurance details to TG, TG work in progress
Mailchimp KP to look at further functionality of software	Ongoing. Nothing to report. Mailchimp should be the go-to method for sending info to a group of individuals, although noted that in some instances (eg when all recipients need to 'reply to all') we need to use email. If squad messages are sent by email, must blind copy recipients. KP to set up session – PSen, JDy, TG. Record it and make available to co-ordinators.
Rowing Foundation JG to liaise with PSen re RF boat use	
Level 1 and 2 coaching courses JG to progress potential coaching courses with PSen	2-3 people at the club who are interested. JG to liaise with Julian Cowten/Monmouth for Autumn 2023 dates

* Actions highlighted in grey have been completed

3. Reports

Captains – Report circulated prior to the meeting, see below.

All to be aware of Dragon Boat event this coming Sunday.

JG is speaking with Keynsham Fire Service about water awareness course they are planning on running in late July. They also want to launch a duck race from our pontoons. Whilst Water safety/water awareness good, JG not so keen to advertise duck racing/social stuff. As it is not a club activity, need to make sure that we have sight of their insurance documentation.



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Men – Report circulated prior to the meeting, see below.

In the short-term, the lack of a heavy-weight scull is problematic for the mens' squad. JG will ask Monkton and Uni if there is a suitable boat that we can borrow over the summer. JG trying to get Janousek to take Sean back for fixing.

**Action: JG to speak to MNK and Uni re heavy-weight single
JG to liaise with Janousek re Sean**

Women – Report circulated prior to the meeting, see below.

Discussion around the benefits of skinny sweep blades, lots were used in Nottingham and would be interesting to see what a difference they may make. JDy has made enquiries with Monkton and Uni to see if there are any that we can try.

Social rowing – Report circulated prior to the meeting, see below

Been invited to 'mingle' with Minerva although struggling to find enough members to row. The Tour is happening, a recce visit is planned for next weekend, 23-24 June, whole length of the tour, including Gloucester.

Beginners (Adults) – Report circulated prior to the meeting, see below.

Congratulations to KG for completing a very successful Learn to Row course, 15 out of the 17 have now joined. 21 are signed up to the taster session 17 June, KG currently working out logistics for this day.

Members from the committee have been supporting the LTR course; it was noted that the new format has worked really well, the course has been a very enjoyable and a positive experience.

We need to ensure we are able to balance needs of the new members alongside those of the main squads. It will be challenging when the new cohort are integrated into the main squads, JDy does not want to comprise pre-existing boat crews and needs to find the right balance with limited resource. JG will continue to seek out and individual to take on the development co-ordinator role.

Juniors - Report circulated prior to the meeting, see below

Committee approval for British Championships, July 14-16, Glasgow

Volunteer co-ordinator – Nothing to progress. (To remove off Agenda)

Go Row Indoor – Nothing to report

BSU co-ordinator – Nothing to report. Handover from last committee hasn't happened yet, KN will have more to report at a later point.



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4. Boathouse Management Committee

The current electrical supply for catering at our events has been problematic. PSON has spoken to C Roach who has suggested 2 additional sockets on the outside of the boathouse, locked from the inside. C Roach happy to instal, parts will be in the region of ~£300-400. Additional sockets will mean that we have dedicated electrical points for the waterheaters. Profits from the catering element of the event more than covers this cost. Noted that we should tell the other BMC parties.

Action: PSON to provide information to KP for sending out to BMC

UoB boathouse alarms are being sorted out tomorrow.

We have been given the go-ahead to re-gravel between boathouses, we are just waiting for a date form Suppliers.

Wessex Water are currently applying for planning permission for works in upper fields. They have assured us that they will work around the dates our events. The plans are potentially advantageous as there will be a lot more levelled areas in the top field, with potentially new and better access off the road. It will be a 6-month build, no programme of works have been finalised yet but Wessex Water know the constraints between Regatta and Bluefriars Small Head.

5. Welfare

Nothing to report

ML is current sorting out a number of DBS checks (new and renewals).

6. Safety Report

Not too much to report.

Nationally there has been a lot of discussion about water quality. JG has suggested we revert back to washing down the boats and blades after outings.

Action: JG to sort out washing equipment

7. Events

Regatta – JG congratulated the organising committee for a very good event. Everyone felt it was a good day, we put on a great deal of racing. The wash-up meeting is taking place this Sunday. There are a few points that need to be reviewed and discussed. The main point is the format of the regatta going forward. Given the high proportion of junior entries, need to consider whether the format we have traditionally used is the best way forward. JSON confirmed that if there are proposals from organising committee to change thing, these need to be brought to the committee to discuss. Will go on the agenda, as and when appropriate.

Avon Bluefriars Head (7 October 23) – Organising is getting underway, we have applied for CART licence already, all in hand. There are no vacancies on the organising committee.



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Midsummer madness – Will get entries from Clifton College and Monkton. All squad co-ordinators encouraged to put boat entries in.

Action: JG to add a note in RNs

8. Membership & Subs

Membership – Report circulated prior to the meeting, see below. Nothing to add.

Numbers have increased this month, this will be reflected next month with an increase in subs.

GRI – This is proving problematic and confusing with payments being made by PAYG, SumUp, GoCardless. The numbers on the report are therefore out of date. Membership forms for members and GRI members are slightly difficult formats, we need to rethink how we administer this.

Noted we do not currently have a family membership for GRI (adult GRI with Junior members).

O/S Dosh race fees – JSon to give googlesheet access to TG/JDy so that all are aware of outstanding face fees. PSen has chased all of the parents. TG/JDy – to mention to men/women squads. Payment options – bank transfer or card payment or GoCardless (where direct debit payments will be amended).

**Action: JG to send not on RNs about paying O/S race fees
JSoN to organise Googlesheet access for JDy/TG**

All co-ordinators to chase squads for outstanding fees and payment options

Membership categories still need to be resolved.

Action: JG/GW-S/PSoN to meet to work out system

Welcome pack needs to have the updated Safety Policy included. JDy to make some minor updates to the Welcome information.

**Action: JDy to update Welcome Pack information
JG to provide updated Safety Policy (version Nov22) for inclusion**

New members & Leavers – Report circulated prior to meeting, see below. Nothing to add.

9. Finances

– Report circulated prior to the meeting, see below.

There have been some big bills paid in the last month – blades, balance for new women quad, shoes, paid for FA course (£770/11 participants), off set by surplus of regatta (£5674). There is a large increase in outstanding race fees (~£2.5k owing).

Still awaiting resolution to the Bath Uni insurance claim to repair their quad. We did query elements of transport to Hudson to/from. Noted that our liability will just be the excess (£500).



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10. Equality, Diversity and Inclusion

KP reaching out to individuals and Uni, PL has been in contact with the MS society and will follow up with them this week. We are going slowly, following advice from BR representative to start small.

11. AOB

AGM (24 September)– KP has a number of dates that she needs to send information out by, requested that all submit reports (to KP) by the end of July if at all possible.

JDw confirmed that the Duchy of Cornwall will be putting up signs saying 'no mooring' between Saltford and Newbridge.

Replacement of PK as coach was discussed. There will potentially be students with PK's qualifications coming to Bath or Bristol next year. Work in progress.

British Rowing are trialling an £8/day race ticket, this will mean that individuals will not have to pay the full race licence fee.

BR Club census – JG will complete and return

Date of next meeting: 31 July 2023, 7.45pm



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CAPTAIN'S REPORT

What a difference 7 weeks makes. We've almost forgotten how miserable the weather was back in April! Now the water temperature is 18C and the sun is out. On a serious note, this brings its own challenges – the swimmers are back and we need to remember to drink lots of water and get the sun cream out.

It's been a busy few weeks too. The highlights are:

- An excellent, well organised and profitable BAR23. Thanks to the organising team and to everyone who helped at the event. Lots of happy rowers from many clubs and £5,600 in the bank.
- A successful end to LTR1 with several of the course joining the club as full members. We need to continue to support them as development rowers and help them to progress to the adult squads. I'll continue to try to encourage all adult rowers to get involved in this. LTR2 taster is taking place this coming Saturday, 17th June, with the course starting on July 1st. Thanks to Katherine, with a lot of support from Jane, for all their efforts to make these courses work. Thanks also to all the helpers.
- There has been a lot of racing with crews at BAR, Worcester, Wallingford, Evesham, NSR, Monmouth, Hereford & British Masters. Thanks to our trailer towers & congratulations to our 22 winning crews (lists in RN)
- 11 members did the First Aid course on 4th June
- The new Stampfli 4x has arrived & has been raced already at Br Masters.

Some dates coming up

- Saturday 17th June LTR2 taster
- Sunday 18th June Dragons Open Day 11am-3pm in aid of Ukraine
- Saturday 24th June Midsummer Madness 10am start. Entries needed please
- Saturday 22nd July Keynsham Fire Service Water Awareness Day. They have asked if they can use our pontoons – I'm meeting them tomorrow to discuss.

Other matters:

- Janousek singles. Sean canvas was damaged during a capsized recovery. This is an issue with all 4 recently purchased singles. I am talking with Janousek about this. Sean will need to go back for a refurb
- With all the racing, O/S dosh has risen significantly. Can we remind people to pay up please. I'll put in RN

MEN'S SQUAD REPORT

Regatta results

There's been plenty of regatta activity with participation at Evesham, BAR, Worcester, Monmouth and GB Masters. The following were winners:

Evesham	Darrel and Steve (2x)
BAR	Andy D (1x)
Worcester	Darrel and Steve (2x) and Darrel (1x)
Monmouth	Chris, Andy D, Jon G and Jim (Mx8).
GB Masters	Darrel (1x)

Apologies if I've omitted anyone from the list. Corrections welcomed.



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Co-ordinated squad activity

Sign up to organised squad sessions has been very patchy indeed. I've followed this up through conversations with squad members. Apart from quite a few absences for holidays etc (my own included) it is clear that individuals and groups are actively and effectively self-organising according to individual and mutual availability and are happy to (prefer to?) continue on this basis through the summer. I am concerned, however, that one or two individuals may be missing out and will follow this up.

Future regatta planning/Midsummer Madness

Relying on responses to a questionnaire, I have circulated those who have expressed a potential interest in the following events/regattas – Llandaff, Bewdley, Stourport, Oxford, Gloucester and Great Ouse. I will follow this up actively and see to what extent potential interest translates into actual participation. I'm not overly confident here. But I also want to discuss with Jane whether there are possible mixed crews (over and above her own mixed crew) which might provide further opportunities. Entries for Henley are complete. Despite Rowing Notices and my follow up, Midsummer Madness does not seem really to have registered on the squad radar thus far but I am pretty sure that will improve closer to the time and with more direct encouragement.

Sculling with Poppy

This has been popular and well received.

LTR and Development

Subject to Katherine's view of the situation, I have the impression that support for this from the men has been pretty good. From conversations with squad members there is genuine commitment here going forward. I suspect that the more productive focus for co-ordination over the rest of the summer will be to encourage participation in mixed experience crew rowing.

Coaching

From the point of view of the whole club (not just the men), Poppy needs replacing. It may be that measures are already in place. If so, I apologise for mentioning it. I've been away.

WOMEN'S SQUAD REPORT

General

Quite a few of the squad have been continued to support with LTR and more are being encouraged to get involved - these are future members of the women's squad and we need to support their development and help them feel involved in the squad and Club! We also need more hands on deck when the next group start with the Taster on 17th June and course on 1st July.

The new quad and blades have arrived last week and has been used to race at Nottingham. Use will be restricted to more experienced crews and steerers with good boat handling skills at this stage.

Blade painting has begun to smarten them up a bit Plan to be put together to get all of the women's blades painted over the coming weeks.



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Racing Past and Future

Success at Monmouth Regatta for the WMasD 4x- (Patsy, Ange S, Katherine and Jane) and the MxMasE 8+ (Patsy, Ange S, Katherine, Jane, Jon, Andy D, Chris and Jim coxed by Ella)

Sal and Kath saw wins and second place in composite 8+ crews with Kingston. Some hard fought races for WMasC 2x, WMasC 4x- (Champ and Non-Champ) and MxMasE 8+ but sadly no wins for these crews.

Entries in for:

HWR for Abbie and Victoria WMAsA 2x

Henley Masters for WMasC 4x- (Sal, Ange S, Kath and Hanna) and Abbie as WMasB 1x

Will then look ahead to understand crew interest for:

Llandaff 08-09/07

Bewdley 22-23/07

Stourport 12-13/08

Oxford 19-20/08 (tbc)

Gloucester 26-27/08

Ross 27-28/08

Sculling Camp

Sculling camp is underway with Poppy on Monday and Wednesday evenings in June to increase confidence and independence in small boats. Most attendees so far have been more novice scullers, will probably look to offer a couple of the evenings to more experienced scullers who want to further develop their technique with Poppy in the launch.

Midsummer Madness

Limited interest so far from squad members to race in Midsummer Madness – will follow up with individuals next week to confirm interest and availability. Also hope to put out some mixed experience crews with LTR rowers to give them the opportunity to race too.

LTR/ADULT BEGINNER REPORT

Having finished the Spring LTR course the group is continuing to make good progress. Out of the 17 that did the course, 15 have now joined the club.

We are encouraging a bit of self sufficiency and have been making good use of the Monkton singles with some progressing into fine singles. They have mostly all had a go in the coxing seat, and all did pretty well. We have also been introducing them to the joy of the racing start.

The challenge is going to be how we spread our time now the next course is about to start.

LTR Summer

Having had a slow start, I now have 19 people down for Saturday's taster. 6 men (there are 2 more that have already done the taster who now want to do the course) and 13 women.

I will be looking at plans for Saturday tomorrow to make sure we have enough helpers. Support from the club members continues to be good with some new people helping alongside the stalwart core group.



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JUNIOR REPORT

The squad rumbles on as usual. I have started a few beginners from the waiting list – some of them have turned up, others book then don't appear – this is getting worse and is frustrating. The newbies that started a while ago in Friday afternoons are coming on well. Matt Wells daughter has joined and Matt has made a welcome addition to the coaching team on Sunday mornings. Marcie has also joined the coaching team – again a very welcome addition.

British Junior Rowing Championships

I need permission to enter the following please:

WJ18 2X Emily, Millie

WJ15 2X Tatiana, Liv

WJ15 1X Liv

WJ15 1X Tatiana

WJ14 1X Primrose

J15 2X Albert, AJ

J15 2X Sam, Ethan

J15 1X Albert

J15 1X AJ

J15 1X Ethan

National Schools Regatta

All crews had fun and all lead for part of their finals – just not the bit where you crossed the finish line ...

Hereford wins

WJ15 1X Tatiana

WJ15 2X Taliana, Liv

WJ14 1X Primrose

WJ14 2X Primrose, Gaia

J15 1X Albert

J15 2X Albert, Ben

SOCIAL ROWING REPORT

We have had half a dozen outings in the octuple and 20 people have had a social row. For the first time, the group organised itself while we were away and had several quad outings, some in the evening – this was a breakthrough.

Minerva have invited us for a Mingle on 15th June – struggling to get eight scullers.



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MEMBERSHIP & SUBS REPORT

	Abbr	31 March 2023	23 April 2023	12 June 2023	Notes
Full	F	96	93	103	
Full paying junior rate during lockdown	FJ	2	2	2	
Coach	C	2	2	2	
Non Rowing	N	5	5	4	
Donors	D	3	3	3	
GoRowIndoor	GRI	3	3	3	
GRI Coordinator	CGRI	1	1	1	
GRI, also doing Taster	GRI,T	1	1	2	
GRI, also doing LTR	GRI,LTR	5	4	0	
Student	S	2	2	2	
Vac student (paying)	VAC	3	1	3	Stratton, Bellova, Firman
VacM (maybe maybe)	VACM	7	8	8	Poppy
Junior	J	41	41	42	
Taster	T	13	8	13	
LTR Taster + course	LTR	16	14	5	
Junior - family membership 1 parent	Jfam	5	5	7	
Junior - family membership 2 parents	Jfam2	0	0	0	
Bath Spa	B	27	30	0	
Non Bath Spa Leavers this FY	L	75	1	11	
Total exc all VAC, T, LTR (only), BSU		163	159	171	
Total exc all Vac, T and LTR (only)		190	189	171	

Points to note and action if appropriate

Membership and subs – Nice increase in membership following the LTR. The money will not show in the bank till July as the timings did not work out very well. June GCL subs were below £3000.

GRI – A certain amount of predicted chaos has ensued as GRI/LTR people have joined as rowers. They have either:

- Talked to me and said what membership they want to pay, or
- Cancelled their GCL mandate to stop paying GRI so I have had to sign them up again, or
- Said nothing but appeared to accept a GCL sub of £24 per month, having previously paid on SumUp

I can only know about people's GRI status if they are paying by GCL. It is a muddle.

Forms – We have a GRI form and a rowing membership form. The only difference is that GRI signer uppers are not asked whether they can swim. But it does mean that some people have to fill in pretty much the same things twice and I have to refer to both forms when I put people into the membership sheet. Furthermore, people run out



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of steam when signing up the second time and their medical details are in some cases much less detailed.

I might need to amend my membership sheet to make my process less cumbersome and elderly but I still think having two adult sign up forms is unnecessary.

Subs – We have a Jfam sub for parents who row but not for any who are adult GRI members.

VAC – Four BSU members have requested VAC membership but only two have paid.

Race fees – This is an aside but I hope a useful one. People are racking up big debts in the OS dosh sheet as races have become more expensive. I take race/kit etc fees from people who have authorised this. I have written to others who are accumulating debts but have had few replies. I see that Jon is going to put something in RN to encourage people to keep up to date; I am happy to scrape the OS dosh sheet every committee meeting (everyone has a GCL account) but more than that is not efficient from the GCL fees point of view.

JOINERS & LEAVERS

Adult Rowing Joiners (receive Welcome Pack)

Alex Fraser	alex@afla.co.uk (paying)
Marcela Davidson paying)	marcela.stewart@btinternet.com (
Heather Yeomans	hevayeo@hotmail.com (invited)
Caroline Thorn invited)	carolinethorn@hotmail.com (
David Greenwood July)	drq@himynamesdave.com (paying from
Seonaid Stirling paying from July)	seonaidstirling@gmail.com (
Rodrigo Felix de Souza paying from July)	rfelixsouza@gmail.com (
Ross Stanley from July)	ross.john.stanley@gmail.com (paying
Katharina Kriegel)	Katharina.k@mail.com (paying from July
Ruth Bucknell July)	ruth@ruthbucknell.co.uk (paying from
Tanya Hawkins (Paying from July)	tanyahawkins@hotmail.co.uk
Verity Slater	verity.j.slater@gmail.com (invited)
Krishna Nobrega de Lima paying)	krisha_nobrega@yahoo.com.br (
Kevin Lochun	kev_lochun@hotmail.com (invited)

Vac memberships

Tom Bennett invited)	twbennett024@gmail.com (
Halina Bellova (BSU sheet)	halina.bellova22@bathspa.ac.uk (paying)
Falk Poetter invited)	falk.poetter22@bathspa.ac.uk (
Elizabeth Firman (BSU sheet) paying)	wizzfirman@gmail.com (

Adult returners

Matthew Brown July)	matthew@jamcomm.com (paying from
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GRI joiners (Non PAYG people)

Kelly Woolley	kels.wool@outlook.com (paying)
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Greg Osborne
(paying)

gregosborne87@googlemail.com

Jessica Dench

jessica_dench@yahoo.com (paying)

Junior Joiners

Miles Bradley

mmm4homelease@sky.com (paying)

Oliver Bendrey

charlottebendrey@hotmail.co.uk

(paying)

Violet Boardman

paulinekboardman@sky.com (paying)

Daisy Gilmour

Lucy.gilmour1@outlook.com (

invited)

Elsie Wells

mattwells09@gmail.com (paying)

Maisie Oliver

sallykpainter@hotmail.com (paying)

Leavers (or joiners who never really happened)

Chloe Penman

GCL mandate cancelled 5

May, no mail

Simon Coles

GCL mandate cancelled 9 May, mail

to Kim

Thomas Petre

GCI removed, mail to Penny

Ingrid Beattie (GRI)

GCL removed , mail to Philippa

Kayleigh Weaver

advice to Jane

Luke Champion (GRI, LTR)

advice to Katherine

Andy Hawkins (LTR)

advice to Katherine

Cherry Sinclair (T)

did taster but declined LTR

Eleanor Hawkins

email from Fergus

Erica Porter-Carter (GRI)

advice from Gudrun

Verity Slater (GRI)

cancelled mandate



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FINANCIAL REPORT

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Financial Report for Committee Meeting on					
12 June 2023					
1. BANK BALANCE			This report (12/06/23)	Previous report (24/04/23)	Change
	Interest rate				
Current account - General ¹			27,706	24,042	3,664
CAF Cash account			8,426	2,769	5,657
CAF Gold account ²	1.45%		49,281	68,281	(19,000)
Virgin Money account	0.65%		18,156	18,156	0
Total in bank			103,569	113,248	(9,679)
¹ General excludes subs standing order receipts since 09/06/23					
² Includes £3,000 events working capital					
ENTRIES/KIT/MISC DEBTS/(CREDITS)					
Balance 31/03/23 (after write-offs)			544	544	
Race fees			2,901	0	
Kit & Misc			34	0	
Credits this year			(1,068)	(480)	
Total Current Balance			2,411	64	2,347
2. MAJOR INCOME & EXPENDITURE ITEMS SINCE LAST REPORT					
(excluding normal routine items)					
				Amount	
4 pairs sculling blades				2,230	
Womens Stampfli 4x- "Abi Shears" & wing bags (balance)				13,657	
shoes				1,172	
First Aid course (11 people)				770	
Regatta surplus				5,674	income
3. IMPENDING MAJOR EXPENDITURE/INCOME					
				Amount	
Insurance excess Bath Uni 4x repair				500	
4. FINANCIAL ISSUES					



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SAFETY REPORT

Incidents 2022/23

Incidents reported since the last meeting.

Date	Description	Reported online by club
11.5.2023 19:00	Darrell Samanjoul in private single says, "I collided with a MNK 1x this evening, he was over my side, his blade has punctured hull just under bowball. He capsized, we are both OK. I am happy to repair myself."	24488
13.5.2023	1600 SGC sculler (Van Rensburg) capsize above start after being swirled into the bank. Racing paused and sculler removed from the water. 1606 SITREP from Safety Launch 1 to inform the sculler is fit and well and would be returned to the clubhouse in the launch. 1620 all safety launches confirmed in position and racing resumed. 1705 met with first aid team to confirm sculler had been assessed, had not ingested water and did not have any cuts or abrasions. Sculler assessed as fit to continue with competition. 1709 safety advisor met with Dave (SGC Staff) to check that the school was content with the outcome and that they had read and understood the safety advice concerning Weil's Disease in the race instructions. 1710 incident complete.	24490
21.5.2023 09:00	Opposite pumping house. Jim Dawson in private single says, "There was a 'soft' clash with Oglely opp the pumping house today. Oglely (Mazen and Michele) was heading upstream, hadn't made the turn and so were on the wrong side. They called out when I was close and I managed to hold it and take most of my speed off. My bowside rigger nudged Oglely's bow breakwater which I could see had lifted off the deck. No one hurt. No damage to my 1x.	24494
12.5.2023 11:00	Peter Mansell & Alastair Watson left Debbie Blackmoor unattended on trestles after an outing. It blew off & has punctured the hull. Alastair will mend it in house.	24495
24.5.2023 19:10	At 750 marker on Straight. Good weather. Collision between Rory Worsman in Sean B-T and Jon Garner, Jim Dawson, Chris Roach and Andy Davies in Geoff Peattie. Front sax board and canvas of Sean Bathe-Taylor broken. Rory says, " I had just passed women's quad doing racing starts and moved back to correct upstream direction side of the river and became aware of men's quad on upstream side of river having moved around a Minerva women's quad who had stopped on middle of downstream side of river, both I and men's crew had fully held up but momentum meant collision not avoidable. Bow ball of Geoff contacted Sean B-T sax board. After some debate I capsized then self-recovered and came in".	24574

Matters Arising

- The consequence of 24574 capsize was the damage to the bow canvas caused by the recovery drill (a well executed bow straddle technique). This is a



AVON COUNTY ROWING CLUB

recurrence of similar issues we've had with our 4 newest Janousek 1x. To be discussed again with Janousek.

HRSA Monthly Report – Feb 2023

(This is a monthly report we receive on notable safety incidents and updates from across all BR clubs. The incidents reported in this section are not from ACRC, but may provide useful information and learnings for us)

- Take care going round corners and look even more frequently than normal. Every stroke if necessary
- Lots of collisions involving canoes, kayaks and SUP around the country. There is now a British Canoeing Incident Reporting System which can be used to report these if required. Still report on BR too.

<https://www.britishcanoeing.org.uk/guidance-resources/safety-1/incident-reporting>

- It is suggested not to wear loose fitting clothing when rowing as it may get caught up in a capsized.
- Many incidents around the country of illnesses after exposure to river water.

The advice is:

Read and understand any information on waterborne infectious agents and contamination provided by the club.

See your own doctor as soon as you think that you may have any relevant symptoms.

Inform the club if you have contracted a disease associated with a waterborne cause so that others can be encouraged to take greater precautions.

Cover all cuts or grazes with waterproof dressings if the water is contaminated.

Wash or shower after any significant contact with water from the river, lake, canal or sea especially if they have any exposed cuts or grazes.

Never drink water from sources such as rivers, lakes, canals or sea.

Wash hands thoroughly before eating or drinking.

Clean open wounds, such as blisters or calf abrasions with an anti-bacterial substance.

If contaminated water has been swallowed, refer to their doctor with full details of the incident.

Wear suitable footwear when launching or recovering a boat, particularly if it is necessary to wade into the water, to prevent direct contact with the water and protect the feet from cuts and abrasions.

Hose down all equipment after outings to remove any potential contamination.

Matters Arising

- I'd like to propose that we revert to washing down all boats and blades after outings. It's a requirement at most clubs and we managed it well during lockdown.



AVON COUNTY ROWING CLUB

RowSafe & Club Safety Audit

There is an updated RowSafe 23 now available. Some minor updates.

Other Matters

- Water temperature is now 18C & rising. Watch out for swimmers when rowing back to the pontoons please.
- 11 members attended & successfully completed a First Aid course at the club on 4th June.