



AVON COUNTY ROWING CLUB

MINUTES

Committee meeting held via Zoom

Monday 20 March 2023

Present: Jim Dawson (JDw), Jane Day (JDy), Jon Garner (JG), Will Gray (WG), Katherine Greenhead (KG), Tim Grice (TG), Poppy Kearney (PK), Patsy Lamb (PL), Marian Lovell (ML), Kim Pennelegion (KP), Penny Senior (PSen), Philippa Sondheimer (PSon), Julian Sondheimer (JSon)

Apologies: Antony Constantinidi (AC), Ella Ford (EF), Angie Scott (AS), Gudrun Wiesenthal-Saunders (GW-S)

1. Minutes of last meeting – Approved and adopted

2. Update on Action list –

ACTIONS FROM 26/9/22 MEETING	STATUS
<p>Welfare</p> <p>ML to draft information for RNs re role of Welfare Office, to include process for updates to health and wellbeing.</p> <p>'In case of emergency' – PSON to complete the In case of Emergency information, to add this to Google Forms</p>	<p>ML would like to receive emails addressed to welfare@avoncountyrrowingclub.org.uk.</p> <p>Action: JSon to investigate and ensure these are directed to ML.</p> <p>ML has done poster, plus leaflet that will be given to juniors via PSen.</p> <p>PSon has created the paper version of BSU members, stored in usual place. Hasn't yet added all the other members, this is work in progress. PK concerned that BSU members will need to be made aware that their medical information is in a physical location – the form indicates this information is available to a limited number of individuals, felt that as it is kept in a secure place, this is fine.</p>
<p>New Members</p> <ul style="list-style-type: none"> - EF to encourage all BSU members to complete the Google form (membership form is available from: https://avoncountyrrowingclub.org.uk/learn-and-join/) 	<p>EF has sent multiple messages to those still needing to complete the Google form, will chase again.</p> <p><i>[Leave on action list]</i></p> <p>PSon confirmed that all the individuals listed and are rowing have completed their forms.</p>
<p>Mailchimp</p> <ul style="list-style-type: none"> - Master spreadsheet has been created with initial 'tags' (categories) assigned. KP has shared as a Google sheet, accessible to all co-ordinators who have been reviewing the data for accuracy. - Once dataset complete, KP to import into Mailchimp and testing of each category (to be notified via RNs that we will be sending test emails out) – members will have opportunity during this test period to opt out (although this will mean that they opt out from all communications) 	<p>KP has uploaded approx. 95% of contacts/tags into Mailchimp. Still needs to update with the joiners/leavers information from PSON for March.</p> <p>Action: KP to provide a paragraph for inclusion in RNs, confirming all the different groups/tags</p> <p>Once Mailchimp is up and running, KP to show all how it works (incl Event Co-ordinators) etc.</p>



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ACTIONS FROM 31/10/22 meeting:	
Beginner (Adults) <ul style="list-style-type: none"> - LTR Taster session (11/3/23) with course starting 25/3/23 	KG to create a Helpers Google rota signup sheet. Each week will have broad plan of what week entails and what help will be required KG to create Google rota sign-up sheets, including summaries of each week plan/help required
AS to draft targets for moving LTR into Dev squad (not urgent)	AS will be working on the draft targets, not yet done. AS/JG have met and discussed. AS will not be taking on the dev squad co-ordinator this year, there will be a vacancy later in the summer. If anyone one knows anyone who may be interested, let JG know. Action: As to draft targets for moving LTR into Dev Squad All to consider who may be suitable to take on the Dev Squad co-ordinator role
Boat House Management Committee Electricity consumption/options to reduce consumption in 2023 <ul style="list-style-type: none"> - AC/JG to explore settings in plant room/any other changes that can help to reduce usage - AC/JG to explore options for lighting controls - Posters (eg displaying costs if lights left on for an hour etc) – JG to progress with Odette who may be able to help with this 	Continuing to look at options to reduce energy consumption. This is in hand
ACTIONS FROM 12/12/22 meeting:	
Go Row Indoor <ul style="list-style-type: none"> - GRI sign-up forms/medical questionnaire - GRI membership/whether club members can participate in GRI within their membership costs	We need a mechanism for PAYG members to declare any medical conditions – this could be a disclaimer on the sign-up form that the individual ticks. TG to explore sign-up form/disclaimer option for PAYG individuals GWS has met with JSon/PSen. See Go Row Report for details of agreed membership costs.
Events <ul style="list-style-type: none"> - Avon Regatta 13/5/23 – need to recruit 2 individuals to join the organising committee. 	JSon successfully recruited individuals.
ACTIONS FROM 30/01/23 meeting:	
Adverse weather conditions	JG to explore options for measuring water temperature and water flow and make recommendations to add these into club no rowing rules.



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	<p>Club has a thermometer so able to measure water temperature. JG will build into a risk assessment for next winter.</p> <p>Agreed that the white board in the entrance would be a good place to add date/water temperature so that all can see when entering the club.</p>
Engagement of leavers/alumni	<p>JG to create calendar of events to be sent to leavers</p> <p>Calendar of events to be placed in the clubhouse. JG to circulate in RN</p>
BSU coaching	<p>JG to liaise with club coaches to identify who may be able to help provide coaching</p> <p>Done</p>
Boathouse Management committee - Missing pontoon and mud	See below section BMC
First Aid - There is an appetite for a first aid course	<p>JG to advertise possible 1st Aid Course via RNs to gauge interest. (Either 2 evenings or 1 day)</p> <p>Agreed that if individuals are to be recognised as first aider for club, club to pay for it.</p>

* Actions highlighted in grey have been completed

3. Reports

Captains – Report circulated prior to the meeting, see below.
Nothing to add.

Men – Report circulated prior to the meeting, see below.
Nothing to add

Women – Report circulated prior to the meeting, see below.

'Walking for MacMillan' – a group of members will be taking part in a charity walk in September, collectively will need to raise £2k sponsorship. The committee is happy that the club house can be used for fund raising (eg afternoon tea), will ensure that any suggested activities do not clash with any rowing events.

Social rowing – See below

Beginners (Adults) – Report circulated prior to the meeting, see below.

Most people have paid now for the LTR course. KG currently trying to make plans for the upcoming course. Plenty of interest for the summer, numbers are looking healthy. Keen to give all the beginners a good experience, KG very appreciative of all the help for the taster session.

Juniors – Report circulated prior to the meeting, see below.
Nothing to add.



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Volunteer co-ordinator – Will progress once calendar has been created.

Go Row Indoor – PSen provided an update on the meeting to discuss how existing club members access the GRI programme. It was felt appropriate for this to be additional to the monthly membership subs - £10 to existing membership/per month or £3 per class.

Payment on the membership side is still slightly off kilter. PSen/PSon will work this. The register has now been modified to include how payment is being made, this should help resolve any issues.

Numbers are steadily wobbling! Quite a few who have come lately have stopped as they are now engaged in the LTR programme. We need advertise more, particularly if free. PSen has included the classes in the Keysham Voice.

Action: All to consider how we can advertise GRI and let PSen know ideas PSen to ask Julien Taverner from Ariel what they have found most useful for advertising

Discussion regarding how to notify club (both GRI and 'wet rowing' members when GRI sessions rescheduled. Options available to notify members –

Include in RNs

WhatsApp groups for squads

Mailchimp (when set up), we can email interested parties

Club FB page

Action: GW-S to communicate with both GRI and wet rowing members, alternatively JG will

BSU co-ordinator –

BSU will be at Head of the Dart next weekend, all are focussed on BUCs at the end of April. EF should have a boat list/crew list by the end of the month.

4. Boathouse Management Committee

JSon outlined the budget planning that has been taking place. The financial year runs from 1 April, since the new facilities were built, we have held the contributions constant. With various factors (including the increase in electricity costs), BMC is proposing a small increase and hopefully this will be held for next few years.

JG confirmed that the Duchy are not yet able to charge rent minus VAT, they feel there is a small risk that HMRC would come after them (within 10 years), we are now in year 9. The next review will be in 5 years' time, we will ask again then.

Flood damage – the risk assessment has come through to assess the claims we had hoped to make for re-gravelling, pontoons, alarm.

Gravel - Insurance will not pay for the gravel, we will go ahead and this will be paid for from the contingency fund (at a cost of about £7k).

Pontoon – have not yet come back to confirm whether they believe we are fully compliant with the requirement (our inspections). JSon not sure how much we would be claiming, depends on what Monkton will want to charge us for the replacement. JDW is in discussion with Simon Brown/Monkton re the Dundas pontoon. Unlikely that we will hear anything until after Easter, we will keep chasing although it is unclear



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whether Monkton will agree. As far as insurers are concerned, we will suggest like for like replacement (~£8k).

Action: JDw progressing discussions with Monkton re pontoon

Kayleigh Weaver has stood down from BMC Secretary and Facilities Secretary.

Action: JG to advertise BMC Secretary/Facilities Secretary role in RNs

5. Welfare

ML met with Becka from Ariel, they are now considering taking juniors. Mixed adult/junior changing rooms were discussed and the safeguarding aspect (for both parties). PSen suggested that information can be included in the new member sheet explaining that the changing rooms are used by adults as well as juniors.

Action: PSen to include information in the new member information sheet

ML flagged that one of the young female juniors is doing a lot of coxing (for DofE) and wanted to ensure we have mechanisms in place to ensure that juniors are not being asked to do too much. All agreed that we have measures in place and this is not an issue.

6. Safety Report

Avon Spring Head – there was an issue of hypothermia for both competitors and helpers, a number of actions have been noted from the wash up meeting.

Capsizing - discussion surrounding recent capsizes and availability/location of the capsized clothing. WG to place the box of clothing in an obvious place with suitable signage (to hopefully prevent clothing being removed for non-capsized purposes).

Actions: WG to find suitable location for capsized clothing box and add signage to prevent clothing just being removed

Provision of a small heater for emergency use was discussed – a message to be placed in RNs to see if any members have a spare heater that they would be happy to donate to the club.

Actions: JG to add request in RNs for a small portable heater

We are currently exploring the issue of when a capsized happens, being taken to the club closest to the capsized. There is still work to do on this.

JG provided an overview of the nation-wide safety issues. Review of 2022 analysis of reported incidents showed that these were largely due to behaviour, poor look out accounted for 1 in 3 incidents.

We are currently investigating whether Minerva has a defibrillator for emergency use. This had been picked up in the Spring Head wash up meeting, Alastair Watson has been tasked with liaising with Minerva.

Action: JG to liaise with Alastair Watson re Minerva/defib

7. Events

Spring Head - Thanks to everyone for their help. It was a successful event, 32 clubs entered crews (238 boats competing, pretty much full divisions) and we have



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received lots of good comments. Nearly £8k has been raised (£6.5k race profit, £1450 catering profit). The inspecting umpire report was also very positive.

Although we had lost one raft due to the flood, we had borrowed one from the sailing club which did get some use.

Discussion around trailers in the top field. Bristol University hadn't complied with the request to leave site by 8.30am so we were unable to have trailers on site by the boathouses. In future, 1st couple trailers to arrive to be directed to park by lake on hard areas. JDw to follow up with the University. For future events need to ask Uni to park in Barnsdale Field (although this will mean that somebody needs to be on the gate early on and opening up the field for the Uni use).

Action: JDw to speak to Bristol Uni re access/using Barnsdale in future

Avon Regatta – JSon has arranged a meeting for the week after next. Nothing else to add at this stage.

Avon Bluefriars - nothing yet to report

Autumn Head – nothing to report

8. Membership & Subs

Membership – Report circulated prior to the meeting, see below. Nothing to add.

Affiliation is due at the end of the month. Pson to talk to JG if needs any clarification.

New members & Leavers – Report circulated prior to meeting, see below. Nothing to add.

Due to the big interval between meetings, Pson has been sending interim lists to KP for updating Mailchimp.

JDy confirmed that in K Weaver's temporary absence (she intends to return), JDy can set up members on the boat booking app.

9. **Finances** – Report circulated prior to the meeting, see below.

Money in bank gone up nicely due to a number of reasons – i) the gap between Jan/Mar meetings means that we have had 2 months of subscriptions coming in, ii) £2k taster and LTR cash, iii) catering money from the Spring Head.

10. Equality, Diversity and Inclusion

Small group has shown interest in EDI in the club, anyone welcome join us if interested. This has coincided with launch of scheme with BR – offering mentoring, workshops and grants for adaptive rowing. PL and JG have already met with a member of this scheme (who has set up an adaptive group), he has offered us mentoring. Hoping to start small programme (2-3 adaptive rowers) by the summer embedding them within the club processes that already exist. PL has applied for grant for some 3 pairs Swift stabilisers for singles (which can be easily attached/removed on any of our singles), would promote single rowing for anyone.



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Diversity and Inclusion is a growth area for BR, there is a lot more support out there than previously so it is a great thing to get involved in. We are aiming for slow growth, learning as we go along.

Discussion surrounding the type of disability that we will be able to support. Noted that the more complex the disability, the greater complexity in equipment, coaching and expertise that is required. We are planning to start with lesser degrees of disability. Noted that there is an adaptive single in the University boathouse; it is a regional boat. When this programme grows, would be worth acquiring blades for the boat.

The funding that is currently available is very specifically around adaptive rowing, JG feels that in future funding will be available to increase diversity – this could potentially be used for minibuses hire to collect kids from inner city schools, paid coaching etc.

The Regional Hub was commented on, currently there is nothing for us to be actioning. The WAGS council will become a facilitator for this.

11. AOB

Updating the club plan – JG needs to get his thoughts aligned 1st and then share for general discussion. It will develop at some point.

Noted that recent Head race results have shown good results for the adult squads. Thanks to PK who has been providing regular coaching to the mens' squad.

Club website – would it be possible to explore options for juniors who are IT-savvy and engaging in the DofE programme to look at this as part of the volunteering aspect. ML will check out the criteria. PK has also suggested BSU members who are studying media studies. This could form part of a media studies project, plus one BSU member is studying photography. JDy to speak to Abbie who has some ideas for content.

**Actions: ML to check DofE volunteering criteria
PK to explore BSU student skills set (media/photography)
JDy to speak to Abbie Rees re website content**

Observation from Vesta – the women's crews went 1st. Is there a possibility that we adopt in future. For future events planning to ponder.

Noted that at the Spring Head, having the 3rd launch made a huge difference for whole race. Very positive.

Outstanding dosh is building up, JG to include in RNs.

Action: JG to add an O/S Dosh chase in RNs

JG has been approached by Saltford School looking for a raffle prize for their upcoming event. This is a junior school, so under 11 years old. Agreed to offer a taster session for 2 adults.

Date of next meeting: 24 April 2023, 7.45pm



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CAPTAIN'S REPORT

It's been a busy few weeks...

Many thanks to the hardworking organising committee and all the club members, parents and friends who contributed to a very successful ASH23. Lots of great racing, many happy customers and I'm excited to find out what money we made.

We had our Learn to Row taster last weekend on one of the coldest, windiest days of the year so far. If any of the 23 who attended come back after that (which I understand most have) then they'll do just fine! Thanks for Katherine for her superb organising and for the many helpers we had to make the day work out. The LTR course starts next Saturday and runs for 9 weeks. Lots of helpers needed please. There's a sign-up sheet just been sent out.

Many thanks to Steve & Penny for towing to Worcester & Gloucester respectively, & Steve again to Vesta tomorrow. Some great results across all squads with congratulations to winners:

Worcester Head

OMasG8+ Russell, Antony, Jim, Jon G. BOARC Chris, James, Andy, Alan, Suna (cox)

Hartpury Indoor

4 mins winner & now British Indoor Rowing Yr 9 Girls Record Liv Greenwell

500m Liv

Avon Spring Head

OMas 4x- Steve, Darrel, Jon B, Robin

OMas 8+ Russell, Antony, Jim, Jon G. BOARC Chris, Jim, Robin, Alan, Suna (cox)

OJ15 2x AJ, Albert

WMasC 8+ Hannah W, Katherine, Patsy, Rosie, Joanna, Marian, Kim, Jane, Sal (cox)

OJ15 1x Albert

WJ15 1x Talya

WJ14 1x Liv

Gloucester Spring Head

OJ15 4x+ Ben, Isabel, AJ, Albert, Oliver (cox)

OMasG 8+ Russell, Antony, Jim, Jon G, Alastair, Ella (cox). BOARC Chris, Robin, Alan

OJ15 2x AJ, Albert

Congratulations also to one of our previous junior members Vicky Brown who was in the W8+ which won the Challenge Academic Pennant with Cardiff University at Women's HoRR, in a new course record time.

Good luck to our rowers at Vets Head and Scullery this weekend & JIRR trials next Sunday afternoon (& which is at Saltford). Stop press *** Update on Vesta – an excellent 2nd placing in respective events for both D4x & D8+

O/S dosh from all this racing is building up. Please can we ask people to settle up in the next week or two before we get to regatta season. We can take CC payments at the club & we can pull off a report for squad co-ords if necessary.

ACRC has been awarded a BR Safety Good Practice Award for contributions to rowing safety by extensive use of BR Incident reporting System in 2022.

BR has recently issued a 5 year plan with a stated intention of wanting to attract more rowers, particularly from currently under-represented communities or backgrounds. One major initiative is to develop a number of regional hubs covering the country. On their map they showed Bristol/Bath as one such hub. WAGS are now pulling



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together a Regional Plan over the next few months which will no doubt generate some interesting debate. I've attached 2 BR presentations with this report.

Other news:

- BR Membership fees are remaining the same for 2023 & moving to digital membership cards from 1st April. There is no more news on the planned revision to membership categories or fee structure.
- Clair has decided to stand down as Adult Learn to Row Co-ordinator and BAR Manager. Thanks for her considerable efforts in these roles in previous years. Katherine has taken over the Learn to Row role.
- Kayleigh has decided to stand down as Facilities Manager & Boathouse Management Committee Secretary. Thanks to Kayleigh for her work over recent months. We will need to find a replacement.
- Go-Row Indoor continues to go well, with numbers growing with many regulars now and some uptake from people about to start outdoor LTR.
- We're progressing replacement of the missing pontoon, alarm repair and gravel replacement. We had a loss adjuster on site last week and we'll get some but not all of the costs through insurance.
- There is going to be a reptile survey in the top field in April (Wessex Water) but this should not impact any of our activity & will be finished before BAR
- We held the first Coaches & Co-ords Supper since before lockdown covering a lot of useful topics & ideas for the future. It will be repeated approx. quarterly.
- There was the first meeting of the ACRC Equality, Diversity and Inclusion group this weekend. The aim is the slow / steady development of club membership in these areas over time, mostly likely starting with the introduction of adaptive rowing.
- Work has started on the new 4x- at Janousek.

MEN'S SQUAD REPORT

Competitions

This has been an active period of competition for the squad with participation as follows:

- Darrel's 4x- at Worcester, Avon and Vesta.
- Jon's 8+ (composite with Bradford on Avon) at Worcester (winner), Avon (time only), Gloucester (winner) and Vesta.
- Mark's 8+ (residual squad boat) at Worcester, Avon and Vesta.
- David Atkin's 1x at Avon.
- Andy Davies' 1x at Gloucester.

Special mention for the Vesta crews all of which performed excellently.

As previously noted the squad is not going to Head of the Dart this year. No takers for Abingdon. So that's effectively it for the Head Season.

Water and land training over the summer/regatta season

The clocks go forward on 26 March. After that Wednesday evenings will begin to come into play for midweek squad outings, although land training plans will continue to be sent out for a couple of weeks after 26 March. The main squad outing will continue to take place on Sundays between 8 and 10am. It is hoped there may be a bit more uptake on Saturday mornings as well. Last summer there was a general



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reluctance to sign up for regatta racing (and in some cases a dearth of competition). The immediate challenge is to address that going forward. It is intended to liaise with the women's squad to identify and target particular events on a joint basis.

Squad meeting on 26 March at 10am in the clubhouse

The main topics for discussion will be:

- (briefly) A review of the past Head Season. This has been generally active and successful but there will be challenges over the coming winter to ensure that the main squad remains fully inclusive throughout. Shortage of numbers has sometimes left individuals not involved in preparation for particular races short of rowing opportunities and led to frustration with the danger that people may drop out. However, current LTR numbers look promising on this score. We will address this issue in more detail at the end of the summer.
- Plans for the regatta season (see above).

Boat booking

I have reminded people that it is essential to book boats (even shortly before using). We have had one or two issues particularly around booking of singles.

LTR (and taster session)

Kath has made a great start to this. There was reasonable men's squad participation in the taster session. I am hopeful (but not as optimistic as I would like to be) that this will translate into commitment to LTR. I will continue to nag.

WOMEN'S SQUAD REPORT

General

A few women have left the squad this year or taken more of a back seat so numbers are lower. Coupled with illness and holiday season, it has made it harder to plan outings and double training sessions and arrange crews for some of the Head races. Looking forward to evening rowing beginning to give more options and also supporting LTR to bring more women along to join the squad.

I am suggesting a joint women and men's squad Good Friday row with potentially some mixed as well as men's and women's crews followed by a walk up to the Bath Soft Cheese Co for brunch afterwards ... it will be good for further developing inter-squad relationships plus the milkshakes at the Cheese Co are amazing!
Squad meeting being planned for 1st April.

Racing Past and Future

WMasC 8+ (Patsy, Katherine, Hannah W, Marian, Rosie, Kim, Joanna and Jane coxed by Sal) won at ASH in the WMasC event and overall winners in the WMas8+ event. WMas 4x- and WMasA 2+ both raced valiantly in the challenging middle division with long delays but no wins on this occasion.

We have a group going to Abingdon as the final Head race of the season on 16th April. The group will probably enter up to five events including MxMas 8+, WMas 4x-, OpMas 4x-, OpMas 1x- and Mx4x-. Confirming if more women and men would like to go to make up more crews and celebrate the end of the Head season.

We have now started to look ahead at regatta season, currently getting feedback about availability and interest from squad members.

Walking for Macmillan



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Six of the women's squad plus two partners are planning to walk a half or full Marathon for Macmillan in the Wye Valley in September. We each have to raise £250 for the charity with a group target of £2k.

With the Club's agreement, we would like to run some fundraising events over the next few months – perhaps a brunch, a quiz or race night and an afternoon tea. We would obviously pay money to the Club to cover any costs or share profits.

Are the committee happy with this?

SOCIAL ROWING REPORT

The squad has 1 new recruit and is continuing to row in the octuple when there are enough people. Unfortunately not able to take part in the Head of the Dart. Most of the catering at Avon Spring was done by the social rowing gang, JG thanked PSON and the team for their contribution to the Spring Head.

LTR/ADULT BEGINNER REPORT

Taster Day 11th March

The Weather was typically unkind to us on taster day. However, that being said, we had a great turnout. 20 people came along, we lost a few to illness on the day, and a couple had already re-scheduled to the June taster. We also had a brilliant (big) group of coaches and helpers from the club who braved the elements and gave all the newbies a really fantastic experience. Feedback has been really positive.

Spring Course 25th March

We have 18 people signed up to do the Spring course – and hopefully they have all paid by now.

Spreadsheet has gone out for the duration, and I am just waiting for the availability to be completed.

First half of the course will be sculling (starting in viruses) and the second half sweeping, a sheet has also gone out to the squads for helper support.

Summer Course – June

As a result of some people deferring from March and some people not being able to get onto the March course for a variety of reasons I have 21 people so far that have their name on the list to do the summer course, a promising start.

JUNIOR REPORT

Newbies have started on Friday afternoons (mainly from Wellsway School) – I don't have many on the waiting list though, which is unusual. We'll start others after Easter on Sunday mornings.

Events – the kids have been busy and enjoying competing.

Scullery results today:

WJ17 4X- 25/31

WJ15 4X+ 41/70 (half the crew are J14)

J15 4X+ 22/61

INDOOR ROWING/GO ROW REPORT

Nothing to report



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MEMBERSHIP & SUBS REPORT

(subs to 8th Mar , membership figures to 19th Mar)

Membership numbers

	Abbr	31 March 2022	July 2022	Jan 2023	March 2023	Notes
Full	F	99	104	101	98	
Full paying junior rate during lockdown	FJ	2	2	2	2	
Coach	C	2	2	2	2	
Non Rowing	N	3	2	4	5	
GoRowIndoor	GRI			1	5	
GRI Coordinator	CGRI			1	1	
GRI, also doing Taster	GRI,T				4	
Student	S	0	1	2	2	
Vac student (paying)	VAC	19	3	3	3	Brend, Brown, Stratton
VacM (maybe maybe)	VACM		7	7	7	
VACL (never to be seen again)	VACL		8	7	7	
Junior	J	53	60	49	43	
Taster	T	5	5	5	24	
LTR Taster + course	LTR	6	17	3	3	
Junior - family membership 1 parent	Jfam	2	1	5	5	
Junior - family membership 2 parents	Jfam2	3	3	2	2	
Bath Spa	B	30	0	27	27	Only pay Oct - May
Non Bath Spa Leavers this FY	L	58	16	58	68	
Total exc all VAC, T, LTR, BSU		164	175	169	169	
Total exc all Vac, T and LTR		194	175	196	196	

Points to note and action if appropriate

BSU – Most of the BSU members still rowing have now given their details on the Google form.

GoRow – Getting a bit complicated with GRI people also being taster people. Membership payments also a bit hit and miss with some on GCL and some on SumUp. Have to see how it goes.

Lost T/LTR people from last year – I never know who has really given up. For April 2023, proposing to bin 3 LTR people (Bruce, Hill, Righton) and 5 T people (Spratt, Upsher, Robinson, Paszkiewicz x 2) unless advised otherwise as I think they are all from last year's courses.

Money – subs about £39k, GRI membership about £200, Tasters about £360. Will do a report for the year end.

JOINERS & LEAVERS



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Paying people included in membership numbers

Adult Joiners (receive Welcome Pack)

Adult returners

Suze Eyles
Ashton Vaughan

suze.eyles@gmail.com
ashtonvaughan@googlemail.com

BSU joiners (who have filled in Google form since Jan meeting)(all paid up)

Maxwell Hawkes
Annie Overy
Lucy Hargraves
Elliott Cook
Poppy Abbott
Falk Poettier

mgahawkes@gmail.com
aovery45@gmail.com
lubyly28@gmail.com
elliottnormancook@gmail.com
abbottpoppy384@gmail.com
fpoetter1@csndnevers.net

Bethan Eyre
Karl Jefferies
BSU

bethan.eyre22@bathspa.ac.uk
k.jefferies146@gmail.com (contacted as not

GRI joiners (Non PAYG people)

Gudrun Wiesenthal-Saunders (co-ord)
Ingrid Beattie
Alex Fraser
injured/LTR

wiesenthal.saunders@gmail.com (paying GCL)
ingrid.beattie67@gmail.com (paying GCL)
alex@afla.co.uk (paid £18 for Jan now

Steve Powlesland
Erica Porter-Carter
Marcela Davidson

stevepowlesland@btinternet.com (paying GCL)
eportercarter@msn.com (paying GCL)
marcela.stewart@btinternet.com (paying GCL)

Trasee Terry
Rodrigo Felix
SumUp)
Krisha Nobrega
Feb/Mar SumUp)
Verity Slater
Rosanna Blewett
Luke Campion

Traseelyons@hotmail.com (paying GCL)
rfelixsouza@gmail.com (paid £18 Feb/Mar
krisha_nobrega@yahoo.com.br (paid £18
verity.i.slater@gmail.com (paying GCL)
rosannablewett@gmail.com
luketaylorcampion@gmail.com (invited to GCL)

Junior Joiners

Leavers (or joiners who never really happened)

Raimi Jabbour
Ramy Abou Farha
Kayleigh Weaver
Evie Taylor
Clair Ponting (changed to alumnae)
Talya Whittle
Helen Hughes
WhatsApp
James Heywood
Xavier Albano
Brook Morgan

GCL mandate cancelled 1 Feb, removed
mail to Tim, removed from GCL
mail to Philippa, GCL sub suspended
GCL mandate cancelled 21 Feb, removed
mail to Philippa, GCL sub reduced
GCL sub suspended, mail to Penny
GCL mandate cancelled, removed,
GCL cancelled, removed, mail to Penny
GCL cancelled, removed, mail to Philippa
GCL mandate cancelled, removed, mail to
Penny

Kitty Benden
Kelly Vernon

GCL sub cancelled, removed, mail to Penny
GCL mandate cancelled, removed

(NB People who leave temporarily are counted as left as they are not paying – they are not deleted from the spreadsheet)



AVON COUNTY ROWING CLUB

FINANCIAL REPORT

AVON COUNTY ROWING CLUB					
Financial Report for Committee Meeting on 20 March 2023					
		This report (20/03/23)	Previous report (30/01/23)	Change	
1. BANK BALANCE					
	Interest rate				
Current account - General ¹		18,868	9,455		9,413
CAF Cash account		2,579	2,887		(307)
CAF Gold account ²		62,086	62,086		0
Virgin Money account		18,156	18,156		0
Total in bank		101,690	92,584		9,105
¹ General excludes subs standing order receipts since 09/03/23					
² Includes £3,000 events working capital					
ENTRIES/KIT/MISC DEBTS/(CREDITS)					
Balance 31/03/22 (after write-offs)		374	374		
Race fees		9,361	7,228		
Kit & Misc		2,074	2,037		
Credits this year		(8,395)	(6,917)		
Total Current Balance		3,413	2,722		691
NB active members only					
2. MAJOR INCOME & EXPENDITURE ITEMS SINCE LAST REPORT					
(excluding normal routine items)					
			Amount		
Tasters (480.00), LTR (1560.00 to date)			2,040	income	
2 new radios			473		
3. IMPENDING MAJOR EXPENDITURE/INCOME					
			Amount		
Insurance excess Bath Uni 4x repair			500		
Womens Stampfli 4x- (balance)			12,723		
ASH23 dividend			estimate 8,000	income	
4. FINANCIAL ISSUES					



AVON COUNTY ROWING CLUB

SAFETY REPORT

Incidents 2022/23

Incidents reported since the last meeting.

Date	Description	Reported online by club
23.2.23 09:00	Ella Ford in a single says, “today we had an incident between myself in Crookshanks and one of our novice quads with a novice cox in Albie, we had the blade of bow from the quad hit Crookshanks’ bow and leave a nasty gouge but I don’t think it’s got any water inside it and it’s unable to be used now. I think it’ll need to some resin to be fixed. I have stressed to the girls the importance of looking and being aware but ultimately I take full responsibility for everything as I should have briefed them more and made them more aware of things as-well as been more aware myself.	22032
4.3.2023 14:30 At ASH	<p>Rower in an experienced junior double was waiting at the start of division 4, the start was held up with all competitors already on the water waiting for a barge to come down the course, racing was delayed. the rower was desperate for a wee to the point that he was in pain. He thought he was only in waist height water as he could see the bottom, he decided to get out of the boat to go behind a bush, when he got out the water went above his head, he did manage to go behind the bush and get back into his boat but was cold.</p> <p>Itchen says: maybe Avon county could have provided more toilets or let rowers use their toilets, rather than just temporary toilets that had long queues.</p> <p>Have not commented online but think we had same number of toilets as usual for a smaller race. But one got blocked so people were queuing and it was a long delay.</p>	21992 reported by Itchen
4.3.2023 17:30	<p>Will Gray was in the cat, wearing life jacket. Master was Andy Mason. Will says: I was start timer at the short course, then monitor 4, followed by start timer at the long course. By the end of the head, I had been outside from effectively from 9.00 am to 5.00 pm and was colder than I realised. Given that I was the other side of Newbridge, I got a lift with Andy Mason in the Cat, (I was wearing a life jacket).</p> <p>Having passed through the top bridge, we stopped to collect the “start” sign for the short course on the field station side. I got out of the Cat placing one foot on top of what appeared to be a substantial tree root on the side of the bank. Unfortunately, it was completely rotten and my foot broke it, placing me in the water. Added to this, the side of the bank was little more than silt deposited by the recent floods, so as I struggled to pull myself out, it slid into the water, compiling things.</p>	22031



AVON COUNTY ROWING CLUB

	<p>Will says, "I then returned with Andy in the Cat to the club house, showered and changed, where I was pronounced to be mildly hypothermic". Wrapped in foil blanket and sat by wood burner in club house.</p> <p>Event committees will consider Head race roles, temperature (weather conditions), provision of spare clothing and bivis, timing of First Aiders' departure and proper treatment of hypothermia.</p>	
4.3.2023 Div 4	<p>A lady reported to the timers at the finish of Div 4 that a launch had come downstream with her daughter's doubles partner in it. The double later appeared being sculled by a junior girl and Robin Wood. Robin reports: "I was on safety launch 3 with Darrel, looking after the rowers waiting to set off on the long course. The girls were WJ15 x2 and I think (but not certain) they were from Great Marlow. Most of the rowers had set off when they approached us and said one of the 2 was feeling unwell. She was crying and said she was feeling sick. Darrel suggested she board the launch and I took her place in the double. We then waited for the remainder to set off before bringing up the rear with our rather strange looking combination. We didn't race back (I had to race in the next division) but we did cause a few double takes as we rowed by. My rowing partner was chatty and charming and I safely delivered her on to the pontoon (well, she was steering) where her appreciative Father was waiting. I gather from Darrel that the Patient was fine after a warm up and cup of tea".</p> <p>There were no GMS or WJ15 2x crews given DNS in the long course. It might have been crew 205, the last WJ16 2x, but why we timed a WJ16 double with Robin in it, I cannot tell.</p>	Not reported as no harm done and we don't really know who it was.
4.3 2023 At ASH	<p>CAN first eight hit the bottom bridge – gently. They swung towards the Minerva side arch too late. No complains made.</p>	Not reported as no harm done
4.3.2023	<p>The Bournemouth Double – report by Safety boat crews - They had a technical problem and did not race. This was in the second race of the day. After the all the boats had started, they were up at the long course marshalling area and being attended to by two of your own launches. They had intended to row slowly down the course but had at some point changed their minds and it was decided that they would dismount and get onboard the launches with their boat being towed back separately. They were already shivering. As we are more manoeuvrable than your catamarans it was quite easy for us to get close and transfer one of the rowers – the other had already clambered aboard the catamaran. One catamaran and our safety boat brought one rower each back to base and they were both well and did not need any first aid. We could have brought both back which would have been quicker but there was no major panic. The other catamaran brought the rowing boat back towing it alongside.</p> <p>There were no BOU crews given DNS in the long course. Could it have been BSU or CHR. No reports anyway.</p>	Not reported as no harm done and we don't really know who it was.



AVON COUNTY ROWING CLUB

5.3.2023	Thomas Wiesenthal-Saunders fell out of Norbert at about 11:00. Got back in and sculled home.	22042
11.3.2023	Sam Philpott and Winnie Sullivan capsized Ogley – simultaneous crabs at about 1000m from the boathouse. They walked home and the Uni launch brought the boat back.	22041

Matters Arising

- Various incidents related to the ASH23 which have been discussed at the event wash up. Most important for future events is the consideration of hypothermia for helpers.
- 2 other capsizes in cold weather. Do we need to a) review stock of capsize clothes, b) consider having a small heater for emergency use?

HRSA Monthly Report – Feb 2023

(This is a monthly report we receive on notable safety incidents and updates from across all BR clubs. The incidents reported in this section are not from ACRC, but may provide useful information and learnings for us)

- Lots of discussion on CPR following 2 incidents (Mounts Bay & Henley) in recent months.
- Be extra careful in icy or cold conditions.
- Some thoughts regarding rowers with health concerns which is worth reviewing for events.
- Analysis of 2022 Reported Incidents. 90% of all incidents had “At risk behaviour” as a significant factor in the incident, with poor lookout contributing to over 1 in 3 reports.

Matters Arising

- Reminder to all to keep a good lookout even if you think you are in the correct position on the river. Shout warnings if you think another boat hasn't seen you
- Is there demand for a First Aid Training Day (or evenings) in the next few months if we organise one?
- Did we find out if Minerva or The Boathouse have an AED available for emergency use?

RowSafe & Club Safety Audit

There will be an updated RowSafe 23 available in April.

Other Matters



AVON COUNTY ROWING CLUB

ACRC were awarded British Rowing Good Practice Safety Award 2023 for contribution to safety evidenced by its extensive use of the Incident Reporting System in 2022. We were 2nd equal with 48 reports (Lea submitted 78) apparently.

