



AVON COUNTY ROWING CLUB

MINUTES

Committee meeting held via Zoom

Monday 31 October 2022, 7.45 pm

Present: Antony Constantinidi (AC), Jim Dawson (JDw), Jane Day (JDy), Jon Garner (JG), Will Gray (WG), Katherine Greenhead (KG), Tim Grice (TG), Patsy Lamb (PL), Marian Lovell (ML), Kim Pennelegion (KP), Angie Scott (AS), Penny Senior (PSen), Philippa Sondheimer (PSon), Julian Sondheimer (JSon)

Apologies: Clair Ponting (CP), Gudrun Wiesenthal-Saunders (GW-S)

1. Minutes of last meeting –
Approved and adopted

2. Update on Action list –

ACTIONS FROM 25/7/22 MEETING	STATUS
Boathouse Management Committee Illegal mooring	This is currently work in progress with AC, The Duchy and CART. Photographic evidence has been taken, currently there are approximately 6 semi-permanent boats moored and there is an issue with the dead hedge that has been created by one of the barges. Progress is being made, to take off the Actions in lieu of this issue moving forward.
Balcony floor – parts of the balcony are rotten and need to be replaced	Our balcony floor – part rotten. AC is progressing with a carpenter, on site 1/11/22.
Boat purchasing plan – PSen has started to look at the boat purchasing plan. To forward to JG.	[Agenda item 9]
Learn to Row tuition options – PSen to explore private LTR tuition options further	Private tuition options/details have now been updated on the club website. PSen has confirmed that we have a group of coaches who are happy to be approached for private coaching. JG noted that we need to ensure that we capture them as members as soon as they contact any of the coaches. Coaches to then double check re membership and forward details to PSen. [Agenda item 8]
Welfare – ML to organise some overview training to ensure everyone is up-to-date with current guidance	Action: ML to organise training re Welfare
ACTIONS FROM 26/9/22 meeting:	
Beginners (Adults) - JG to progress with CP to set dates for 2023 so that these can be published	[See Reports/Beginners]



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<p>Go Row advertising</p> <ul style="list-style-type: none"> - PSen/JDy to explore the Keynsham News and Saltford News advertising options - PK/EF to engage with new students through Freshers Fairs - PK to explore advertising opportunities through the SU 	<p>Posters have been put up in Keynsham and Saltford; PSen has placed an advertisement in the next edition of the Keynsham News. This is in hand.</p>
<p>Welfare</p> <ul style="list-style-type: none"> - ML to draft information for RNs re role of Welfare Office, to include process for updates to health and wellbeing - 'In case of emergency' – Pson to complete the In case of Emergency information, to add this to Google Forms - Safety Audit – JG to forward Safety Audit link to Pson/PK 	<p>Safety Audit link has been forwarded, is in hand, have until 16/11 to complete.</p>
<p>Events/Volunteering</p> <ul style="list-style-type: none"> - KP to explore DofE volunteering options to help at events 	<p>Have approached 3 local secondary schools, 2 have replied. DofE volunteering rules have changed following COVID, opportunity to volunteer in chunks of time no longer viable; students need to have 1-2 hours every week over the volunteering timespan. Unfortunately, not a viable solution.</p> <p>Coxing is an option for volunteering, but this doesn't help with events.</p>
<p>New Members</p> <ul style="list-style-type: none"> - EF/PK to explore BSU Student union vs ACRC student membership options - EF to encourage all BSU members to complete the Google form (membership form is available from: https://avoncountyrrowingclub.org.uk/learn-and-join/) 	<p>EF has had to step down for personal, non-rowing reasons so currently no BSU representation on the committee. JG is progressing with a potential BSU representative, currently unable to move forward greatly with BSU at this moment.</p> <p>Action: PSen to contact Tom (BSU)/he is a regular at Circuits.</p> <p>PK was carrying out the safety adviser role, we need to seek a suitable individual, currently this role is being carried out by JG</p>
<p>Paid coaching JG to present proposal</p>	<p>[Agenda item 8]</p>
<p>Mailchimp</p> <ul style="list-style-type: none"> - KP to liaise with Pson/JG/PSen and progress 	<p>Work in progress. PSen currently comparing/updating the master mailing list, this will then be shared via Google Sheets with Co-ordinators for input</p>

* Actions highlighted in grey have been completed

3. Reports



AVON COUNTY ROWING CLUB

Captains – Report circulated prior to the meeting, see below
Nothing to add

Men – Report circulated prior to the meeting, see below
Nothing to add

Women – Report circulated prior to the meeting, see below
Nothing to add

Social rowing – Report circulated prior to the meeting, see below

PSon has been confirmed WAGS representative for recreational rowers. Interesting points to note:

- Christchurch would like to have an exchange although PSON unsure of any further detail.
- Upton RC have had planning permission and local authority support to transform a local gravel pit into a 6 lane, 1000m course. Anticipated times scales approximately 2 years' time. PSON has impression that it is close to the river, the plan sounds positive and likely.

Beginners (Adults) – Proposed LTR taster course 12-13 March 2023 with the course starting 26-27 March 2023. The course will be 8 weeks, and this is the first of 2 courses that are planned for next year. The intention is to provide paid coaching support as this cohort as they then move from the LTR squad into the Development Squad, as we have done this year (with some refinements).

Agreed that it was a good idea to send Go-Row information to those on the LTR waiting list; this will help ensure fitness levels, strength and flexibility are to a good standard before starting to learn on the water.

2nd set of dates will be after the end of May BH, in June/July 2023 in time for the Warwick Regatta. Dates to be confirmed.

Action: JG to liaise with CP and get dates on website.
Action: JG to liaise with CP to invite people on LTR waiting list to join Go-Row before March

AS has some ideas about setting targets/markers that need to be reached before the LTR individuals are moved into the Development Squad.

Action: AS to draft targets for moving LTR into Dev Squad

Development – Report circulated prior to the meeting, see below
Nothing to add.

Juniors – Report circulated prior to the meeting, see below

PSen has started some newbies in half-term. PSen has noticed that if they stay on the waiting list for too long, they never start.

Volunteer co-ordinator – nothing to report



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Go Row Indoor – Report circulated prior to the meeting, see below

Agreed that it would be helpful to have a timetable showing Erg/gym availability and in addition, a polite notice about being quiet during the GRI classes so that the instructor can be heard.

Action: GW-S to produce posters/signage

Discussion occurred regarding the 'pay as you go' option for the GRI classes. PSen will ensure that the Sum Up card machine is available for the classes although thinks that most will sign up to monthly membership.

Action: PSen to liaise with GW-S and progress

Membership forms were discussed for this category of rower and whether we need to capture any medical information. Agreed that GW-S will design a google form specifically for this category (a simplified form to the standard membership form) which will then be directed to PSen for membership.

**Action: GW-S to progress developing a Google Form for membership
PSen to liaise with BR Go Row contact regarding the requirement to capture medical information on the form**

BSU Student Co-ordinator – nothing to report.

Action: JG will pick up with Grace to find a new BSU Committee Rep (Ella or Tom?)

4. Boathouse Management Committee

AC has had a meeting with the University's fire person, there are a few small items we will need to attend to – eg Fire Exit signs, screens on the landing. UoB needs to confirm the list of actions before this is progressed.

Electricity bill: JSon outlined the current situation. The contract finishes at the end of December 2022, we will need to take a fixed contract for 12 months covering the whole of 2023. With the Government support on offer (for January-March 2023 only), JSon has estimated that the electricity costs will increase by approximately £8k of which ACRC contribution will be in the region of £3k. We are limited with options to reduce our consumption, however AC/JG will explore options (although noted that the 2 air source heat pumps are efficient systems).

Action: AC/JG to explore settings in the plant room and whether there are any changes that can be made to reduce usage

Discussion occurred regarding various light switches that do not automatically switch off, possible signage and options for timers. Agreed that AC/JG will look at this.

Action: AC/JG to explore options for lighting controls

Agreed that Monkton and University need to be made aware of the estimated increased electricity charges. JSon exploring this in more detail (with the help of Monkton's consultant); when more accurate information has been established, AC will send an email to both clubs and arrange a meeting.

Action: AC to liaise with JSon regarding electricity costs, AC to contact Monkton and University



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Action: AC to set up BMC meeting

Solar energy as an alternative was discussed briefly, this is something for the future.

5. Welfare

Nothing to report, nothing from last event either.

6. Safety Report – Report circulated prior to the meeting, see below

Collisions continue to be an issue. The clear message that everyone needs to be reminded of is the importance to keeping a look out and that it is everyone's responsibility even if we are in the right place and collide with someone who in the wrong place.

3 ABH incidents that are being dealt with by the wash up committee. Only one remaining is the paddle boarder incident; if this progresses, A Watson will need to take it up as Safety Adviser for the event.

On the nationwide report, key points to note relate to the dangers of rowing during thunderstorms and the necessity for checking heel restraints. Advice from BR in relation to swimmers using pontoons is that it is the club's responsibility to ensure pontoons are kept in good condition and to have signage stating 'private/keep off'. JG confirmed that we have signs and will put these up.

Action: JG to progress installation of signage around the pontoons

Guidance from BR (in discussion with the Environment Agency) has been issued this week relating to several requirements for coaching/safety boats (inspections, RYA2 licensed drivers).

Action: JG is currently seeking further information to see when this may encroach on CART-managed waterways; this may affect who is able to drive our launches.

JG confirmed that PK has stood down as Safety Adviser; there are a couple of individuals who have expressed an interest in taking on this role, JG is progressing.

Action: JG to progress seeking a club Safety Adviser

7. Events

Avon Bluefriars – small boats head, 8 Oct.

JDw confirmed that the event made a profit of approximately £3k which is very promising. Thank you to all the helpers and well done.

Autumn Head - Fergus is running AAH, planning meeting is scheduled for 1/11/22. Radios have been purchased, they are being looked after by Alastair Watson. JDw in discussion with J Bewick regarding purchase of stop watches.

JDy confirmed that to date, 57 entries have been made, more to come from Minerva and Avon. JDy working on the helper's rota, we still need more support. An initial allocation of jobs has been made, based on which divisions racers have been entered into; JDy will be circulating this shortly. JDy has been in contact with Minvera and Bradford on Avon regarding helper support and has also provided them with information of the race categories that have been entered so far.



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Spring Head – nothing to report
Planning will start soon, nothing to report.

Regatta – nothing to report although pleased to note that the date does not clash with the Coronation in May 2023.

Social events –

Afternoon tea 12 November – about 50 people signed up so far. K Weaver/JG to liaise with UoB to inform them of this booking as we will need full access to the club room all day to prepare.

Action: JG/K Weaver to liaise with UoB regarding 12/11/22 club house booking

Pudding Head – Sunday 18 December

Date agreed for 18/12/22 and it will be a Bring and Share party afterwards!

8. Coaching Review

JG and squad co-ordinators met last week and discussed paid coaching with a view that paid coaching continues through winter at rate of £400/month to cover all of the squads. Once LTR starts next year, paid coaching focus would move to this area as a priority.

Paid coaching opportunity to be made available to anyone within the club who is able to commit to regular coaching and is qualified to Level 2.

All co-ordinators felt that the squads were benefitting from PK coaching so far and would like this to continue. All in agreement.

Action: JG to liaise with all L2 club coaches regarding paid coaching opportunities

9. Boat Purchasing Plan

Consensus that the priority next boat purchase is a 70kg Stampfli wing rigged coxless quad. There is no need to buy sweep riggers. Anticipated cost in the region of £17.5-18k. Sculling blades – TG noted that the availability/number of men's blades to be under review. [Update from 12 December 2022 meeting: JG confirmed that blades have not yet been ordered, these are a relatively minor purchase so can easily be rectified if there is a shortage.]

Later in 2023, would be looking at replacement singles and extra doubles at lower weight for juniors with the view that we would seek funding support for these. Victor to be the next boat to go for refurbishment.

JSon has looked at funds, this year has been running financially same as last year. If this continues, JSon confident that there is about £30k that can be spent, this covers the proposed new Stampfli boat comfortably. If Spring and Autumn heads do not get cancelled, this will put us in a good place. The propose plan puts us in a good position without having to draw down on any reserves. In JSon's view, what has been outlined can be afforded comfortably.



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Discussion regarding weight of boat, from the men squad perspective, 75kg would be the preferred weight; from the women squad perspective, 70kg. 70kg agreed. Discussion regarding hull shape and rigger options; these details to be looked at outside of the meeting. Discussion re new sculling blades – specification tbc.

Action: JG to consult with PSen and place orders

10. Finances, Joiners and Leavers

Membership – Report circulated prior to the meeting, see below. Nothing to add.

New members & Leavers – Report circulated prior to meeting, see below. Nothing to add.

Finances – Report circulated prior to the meeting, see below.

9. AOB

A Barlett would like her name removed off Paid Coaching (private coaching) list.

Action: JG to liaise with CP to update list

Date of next meeting: 12 December 2022, 7.45pm



AVON COUNTY ROWING CLUB

CAPTAIN'S REPORT

Thanks to everyone who contributed to the success of Avon Bluefriars Small Boats Head on 8th October, We attracted a big entry of 192 & raised £3140 for club funds.

We've had a busy month racing at Pairs Head (2 entries), ABH (24 entries) & Gloucester Autumn Head (15 entries). Congratulations to our winners:

Avon Bluefriars

OJ15 2x	AJ, Albert
OMas 4-	Russell, Antony, Jim, Jon G
OMas 4+	Mark, David S, Tim, Patrick, Paula (cox)
Gloucester	
OJ15 4x+	Ethan, Sam, AJ, Albert, Ben (cox)
WJ14 2x	Olivia, Primrose
OJ15 2x	AJ, Albert
WJ15 1x	Tatiana
WJ14 1x	Primrose

Still no news from Janousek about the return of AC. Vengeance has been brought back to the main boathouse to relieve pressure on 4x/-

The club held its first Go-Row Indoor class on 22nd October. The attendees all seemed to enjoy themselves & classes will become more regular on Friday early evenings & Saturday mornings. Thanks to Gudrun to getting this initiative up & running.

The main points arising from the WAGS Council Meeting in October were:

- The membership structure review is still underway. No update
- Cleveland Lakes development has been delayed because of algal bloom.\
- Applications for BR Award nominations will be opened soon.
- BR does have some facilities funding money. Clubs to talk to Alan Meegan if they want more information.

Squad Co-ordinators met last week to discuss rowing related matters. I'm bringing 3 recommendations to committee for discussion as a result:

- Boat purchase: The next new boat should be a 70kg Stampfli Wing 4x- (no sweep riggers) and a quad set of sculling blades (spec tbd). Later in 2023 as funds allow, the next priority is to update the junior 1x/2x fleet & to consider the refurbishment of Victor. We will look at external funding to help support these purchases if possible. Lack of racking is a problem but this will be looked at separately.
- Paid coaching: To continue paid coaching throughout the winter at approx. £400 per month to cover Mens', Womens' & Social rowing squads. Once Learn to Row resumes in 2023, coaching would then focus more on this group. Payment for coaching is open to all L2CC (or above) coaches in the club provide they wish to commit to regular coaching in areas where this is required. I will chat to coaches to find out interest.



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MEN'S SQUAD REPORT

Competition up to 20 November 2022

The squad was represented at Avon Bluefriars, Pairs Head and Gloucester Head.

- Wins at Bluefriars for Antony, Jim, Jon and Russell (Op Mas 4-) and Mark, David S, Tim, Patrick and Paula (cox) (Op 4+)
- Second place in Mas F 2 for Jon and Russell at the Pairs Head – an outstanding result.

The squad will be represented at Stourport Head, AAH (with a strong entry of 5 boats involving 24 squad members) and Vets 4s Head.

Thereafter

It is intended that the squad plans after the weekend of 19/20 November (AAH and 4s Head) will refocus on co-ordinated planning for the second part of the head season working towards Tideway in March 2023 (see the Sections under The Head Season and Coaching in report dated 26 September).

Water training

The main squad outing takes place on Sunday between 8 and 10am. This time slot is importantly supported by paid coaching which fills a current and historical gap in men's squad development. It is intended that post AAH plans (see above) will move forward (again supported by coaching) using principally the Sunday slot with more integrated squad activity and a requirement to commit to training, fitness, crew development and participation in competition.

Land Training

Andy Mason circulates weekly erg training plans. Training at the club take place on Wednesday evenings. Many squad members prefer to carry through (or claim to carry through) the training plans at home. Attendance on Wednesdays thus far has involved a mixture of outings and erg training. Now that the clocks have gone back it is expected that there will greater emphasis on the latter.

Boat Booking

The new system is in operation and appears to be working well.

- **Learn to Row.** It is proposed to run 2 x 8 week Learn to Row courses next year & then set up a Development Squad again to transition new rowers into adult squads. Proposed dates for the first Learn to Row course are Taster 12/13th March and Course start 26/27th March. If everyone is OK with this we'll get the dates posted on the website.

Session Coach & Club Coach courses will be run at Saltford in January for anyone interested. Co-ords have details & they will also gauge interest in a First Aid course too for the NY.

Kayleigh has agreed to take on the Boathouse Management Secretary role and will pick up all aspects of the Facilities Management. Thanks Kayleigh & also thanks to Jane for covering this role in recent years.

Regrettably, Poppy and Emily are having to stand down from their committee roles. Thank you to both for their input over the last few weeks. I am talking with possible replacements.



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WOMEN'S SQUAD REPORT

Head Season

Massive CONGRATULATIONS to Abbie and Victoria who rowed a totally brilliant race at Pairs Head on 2nd October to come fourth in their category (W2x) against very tough competition.



Some crews entered Avon Bluefriars on 8th October. No wins on the day but some fierce racing as we move into longer head season distances.

Sal, Ange S, Hannah L and Abbie raced at Gloucester on 30/10 taking second place behind Bristol Ariel, losing by just 6 seconds!

We have got a crew going to Stourport, four women's crews at AAH and are looking at crews for Monmouth on 4th December including a Mx8+.

Water and Land Training

As we move into head season, many of the racing members of the squad are now doing two training sessions on a Saturday to build up time on the water with longer training pieces to work on stamina and endurance as well as some lower rate technical focus. This is with a view to having crews ready to race at WEHORR and Vesta in March 2023.

We also have a number of land training sessions in place for those that are available.

- **Monday – Ergs** at the Club for anyone available at **6pm** and **Circuit Training** at the Club at **6.30pm**.
- **Tuesday - Ergs** - Club or Zoom at **6pm** (If numbers grow at the Club we may need to put on a second session at 7pm but we seem to be ok in one session for now)
<https://us02web.zoom.us/j/82775106791?pwd=eHlNOGtuZkllcytIZVJ3cUhTRXl1dz09>
Meeting ID: 827 7510 6791, Passcode: 000467
- **Wed - Weights** on Zoom at **6pm** -
<https://us02web.zoom.us/j/89773571361?pwd=Vmx3WVVL2QvUmFpaWQ2Nkh1YUxVZz09>
Meeting ID: 897 7357 1361, Passcode: 942977
- **Thursday - Ergs** on Zoom at **6pm**
<https://us02web.zoom.us/j/87176992911?pwd=WUtMaytvRDgwOTB3b0JpdTViL3Uydz09>
Meeting ID: 871 7699 2911, Passcode: 382306

Boat Booking System

The online system has now been launched and seems to be working effectively. Bath Spa members also have logins and have been introduced to the system.

Social Events

Afternoon Tea arranged for 12th November. About 50 people booked to attend so far.



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SOCIAL ROWING REPORT

Outings

We aim to go out on Thursdays and Sundays. Since the last meeting we have had:

- Quad outings - 4
- Oct outings - 4
- Cancelled outings - one after Bluefriars and one due to Covid or Covid jabs

We have a few new joiners – Helen, Anne and Annette - and thanks to Primrose for coming out in the oct one Sunday.

Other stuff:

- Theresa masterminded the catering for Avon Bluefriars on 8th Oct. She cannot do it for Avon Autumn but a co-operative is happening, based on experience gained.
- We are planning a Christmas lunch at The Boathouse; we have 16 people and thanks to Kate for booking.
- Hoping to row the oct in the head of the Dart. Trying to find out the date as Pete Atkinson is no longer the contact and the new person has not yet been in touch.
- Philippa might finally have become part of the BR RecRow committee – not sure what that will yield but we shall see.
- Looking forward to the club buying the women a new eight (well, one can hope) so we can have Robin as an oct permanently.

BEGINNERS REPORT

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DEVELOPMENT SQUAD REPORT

Development squad 2022 is now integrated with the main squads which is being well co-ordinated by Jane Day and supported by a mixed ability women in coxed quads/8's. Tim Grice has integrated the men into the men's squad.

One 4x+ entered Avon Blue Friars and they weren't the slowest on the day! One men's double entered the short course.

The women have enjoyed rowing with more experienced rowers and feel they are progressing more quickly this way.

2 have joined and are staying with the social rowers.

The plan now is to create a more structured process from LTR and into main squads next year following this year's initial trial.

JUNIOR CO-ORDINATOR REPORT

We started land training in the week before half term, having pushed out evening rowing to the limit so are not really into it yet (as we don't land train during half term)! Odette, Charlotte and Andy helped me run extra sessions for the kids over half term. This included starting another batch of beginners off, as well as offering double sessions for the more



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experienced kids. The beginners really benefitted from a slightly longer session and very empty river - some have already come back for another session. The more experienced ones also found it useful.

Several of the kids raced at Gloucester Head which is a new one for our kids. I will solicit feedback! Some of the newbies have signed up for Avon Autumn so I need to sort their entry out.

VOLUNTEER REPORT

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INDOOR ROWING/GO ROW REPORT

We had our first GRI class on Saturday, with 5 in attendance. It was a good class and ideal for those who have basic understanding of rowing posture and positioning.

Going forward it would be nice to have a timetable to show when ergos will be busy for classes and a polite notice to be quite around the room during class times so instructor can be heard.

* GW-S happy to make if approved.

We already have 4 booked onto our Frist Friday GRI Class on the 11/11/22 at 5pm again a good starting point for our second class.

It would be a good idea if anyone on the waiting list to join club could be emailed about the GRI classes to ensure that fitness levels, strength and flexibility are at a good standard before they start learning on the water. And for the classes to be offered to any current members who may not be so confident in these areas.

Last Saturday 29/10 was cancelled early due to both the trainers car not working and no booking being taken by the 27th. However on Friday the 28th we had requests and could have had 5 people attending on the 29th had it not been cancelled.

Penny will be doing an introduction course on the 5/11/22 from 8:30-9am showing new started how to row, use machines and sequencing. 4 have already booked on this and a further 4 will arrive at 9am for the GRI course. These 4 said they feel confident to start class without the introduction. So we have a total of 8 booked in for the 5/11/22 so far.

Total interest for GRI appears to be as follows

6x junior parents
5x word of mouth
1x poster advertising

Posters have been put up in Saltford and Keynsham, more will be put up soon.

BSU STUDENT CO-ORDINATOR REPORT

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MEMBERSHIP & SUBS REPORT

(subs figures to 8th Oct, membership to 31st Oct)

Membership numbers

	Label	31 March 2022	July 2022	Sep 2022	Oct 2022	Notes
Full	F	99	104	105	105	
Full paying junior rate during lockdown	FJ	2	2	2	2	
Coach	C	2	2	2	2	
Non Rowing		3	2	2	3	
Student	S	0	1	1	2	
Vac student (paying)	VAC	19	3	3	3	Brend, Brown, Stratton
Vac (maybe maybe)	VACM		7	7	7	
VAC (never to be seen again)	VACL		8	7	7	
Junior	J	53	60	49	51	
Taster	T	5	5	5	5	
LTR Taster + course	LTR	6	17	4	4	
Junior - family membership 1 parent	Jfam	2	1	1	2	
Junior - family membership 2 parents	Jfam2	3	3	3	3	
Bath Spa	B	30	0	0	0	Only pay Oct - May
Non Bath Spa Leavers this FY	L	58	16	45	48	
Total exc all VAC, T, LTR, BSU		164	175	165	170	
Total exc all Vac, T and LTR		194	175	165	170	

Points to note and action if appropriate

BSU – We do not know the BSU numbers. We are continuing with our previous method of invoicing for Oct to May. Tom Bennett has been in touch; I must ask him for the information.



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JOINERS & LEAVERS

Joiners and Leavers and payment queries October 2022 v1
Paying people included in membership numbers

Adult Joiners

[Karen Cooper](#)

karen@coopercavendish.com (paying)

Adult Rejoiner

Student Joiner

Poppy Kearney

poppykearney1@gmail.com (paying)

Junior Joiners

Gleb Roman

Romanscreeding@icloud.com (paying)

Sophie Morris

suej6morris@gmail.com (paying)

Sam Philpott (Jfam1)

sallyannphilpott@gmail.com (paying)

Sophie Willis

Mail@polinawillis.com (paying)

Sandra Holubova

veronika.holubova14@gmail.com (paying)

Leavers (or joiners who never really happened)

Lauren Evans-Haynes

mail 28/9, might join as VAC next year

Alexis Blayney

mandate cancelled 1 Oct no mail

Miranda Butcher

mandate cancelled 3 Oct no mail

Mike Carter

moving to be non-rowing member

(NB People who leave temporarily are counted as left as they are not paying – they are not deleted from the spreadsheet)



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FINANCIAL REPORT

AVON COUNTY ROWING CLUB						
Financial Report for Committee Meeting on 31 October 2022						
			This report (31/10/22)	Previous report (26/09/22)	Change	
1. BANK BALANCE						
	Interest rate					
Current account - General ¹			54,231	53,841	390	
CAF Cash account			7,587	1,744	5,843	
CAF Gold account ²		0.65%	8,019	18,002	(9,983)	
Virgin Money account		0.40% TBC	18,109	18,109	0	
Total in bank			87,945	91,695	(3,750)	
¹ General excludes subs standing order receipts since 09/10/22						
² Includes £3,000 events working capital						
ENTRIES/KIT/MISC DEBTS/(CREDITS)						
Balance 31/03/22 (after write-offs)			374	374		
Race fees			5,142	4,171		
Kit & Misc			1,010	957		
Credits this year			(4,566)	(4,241)		
Total Current Balance			1,961	1,262	699	
NB active members only						
2. MAJOR INCOME & EXPENDITURE ITEMS SINCE LAST REPORT						
(excluding normal routine items)				Amount		
Avon Bluefriars Head				3,200	income (approx)	
3. IMPENDING MAJOR EXPENDITURE/INCOME						
				Amount		
Insurance excess A Constantinidi 4- repair				500		
4. FINANCIAL ISSUES						



AVON COUNTY ROWING CLUB

SAFETY REPORT

Safety Report for Committee Meeting 31st October 2022

Incidents 2021/22

Incidents reported since the last meeting.

Date	Description	Reported online by club
1.10.22 11:20	Will Gray was sculling down the straight towards the club house in Vicki Land this morning and whilst overtaking a double, made contact with a Bath Uni Coxed Quad going up the straight. Will says "My stroke side blade hit the back of their splashboard, causing it to crack. I have reported this to Jon (Captain) and called in to Bath Uni RC on the way home to assess the damage. Their crew was in the process of having a debrief at the time of my arrival and seemed very unphased by the event stating that the damage was superficial and would only need a bit of resin. Vicki land was undamaged".	21074
1.10.22 11:10	One of our senior women reports: Here are the details of the boat that undertook us on the Minerva bend last Saturday. It was Bath Uni 8 but didn't have a name. BAU 801 was its number. It was followed by a coaching launch, which incidentally pushed Will into the bank just before the halfway bridge with its wash. No way could the 8 have seen round the corner.	21075
8.10.22	Report by Simon Brown - In the launch with me was Charlie Newbould driving. I noticed some of the crews waving hands and obviously trying to catch our attention. Message got to us that that someone had capsized in the end section near the lock. We went as fast as was safe as so many crews waiting to race. It was a junior girl sculler who was knee deep in the water and being helped by another sculler who was still in his boat. I got her on the launch. Checked for cuts and obvious signs of injury. Told her to take off her big jumper as it was soaked and weighing her down. Told her to sit in the sun on the launch and relax. She seemed cold but alert and in no way stressed out. I got her single back the right way and got her back in after asking if she was able and wanted to continue. She did. The 2nd launch stayed with her and made sure she was ok. At the time we had 2 barges on the course holding up racing and 2 more barges coming through the lock which unfortunately held up racing for a while. I noticed she looked cold before she started racing which is why I notified race control to keep an eye on her during and after the race. I also saw her on the landing stage and she was with a senior male member of her club. I asked him to find her parents and get her in a warm shower straight away.	21089 ABH incident
8.10.22	Collision between crew 166 and paddle boarder – Jon reports - Crew 166 AVN G4- was racing in Division 4 of ABH22 at around 1pm on Saturday 8th October. I was at bow, the boat is steered from 3. We were 500m into the race, approx 15 strokes into pumping house straight, about 3 to 4	21149 All this info for ACRC committee



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	<p>lengths behind crew 165 judging from the blade wash, and in the middle of the river travelling downstream. We passed a number of double hulled blue Kayaks and a small number of paddle boarders tucked in close to the Minerva bank and then collided with a paddle boarder on our bow side. Our 4- is bucket rigged so my bow blade is stroke side. My recollection out of my periphery vision is of the boarder diving into the water as no 2's blade (bow side) caught the edge of the board. 3's blade then also made contact with the board. There was no prior warning shout from anyone, even though there were clearly many onlookers. There were shouts from the crew, myself included, after the impact, but I don't recall any bad language used. If there was then it was just as a result of the shock. A second paddle boarder whom I recognised as an instructor, Byron, from the local Channel Kayak business immediately pulled across the river to assist the paddler in the water. Crew 167 BAU then had to emergency stop to avoid hitting him too. We carried on as by this time we were 100+ m away, the paddler was clearly above water and trying to clear their board out of the way and had the assistance of their instructor. For us to stop and go back would have simply added yet more obstruction & risk of further collisions from racing crews behind. The course was clear & crew 167 were able to restart before they impeded following crews.</p> <p>I called to advise Geoff Peattie, who was in a launch at monitor 6 approx 500m further downstream, of the issue with paddlers on the pumping house straight. (Monitors 4 & 5 were bank based).</p> <p>On return to the club I phoned Byron to enquire about the paddler. He said she was a little bruised but otherwise OK. I asked him for a report, which he agreed to do. He mentioned that the boarder was inexperienced and it was a new board. Byron claimed that my crew used bad language in shouting at the paddler. I replied that I don't believe we did, but in any case please pass my apologies to the paddler for any shouts which caused offence. He also said that Channel Kayaks did not know about the race, but this is incorrect as I sent them the notice (which they acknowledged) myself in August. Byron also stated that he hadn't seen the Canal & River Trust notice about the event, even though it was emailed to subscribers & posted on the C&RT notice and stoppages website page. It is also surprising that they hadn't noticed there was a race in progress, as this was the second race of the day & a number of boats had already passed the same place in the moments before the collision. Channel Kayaks is also operating from a slip way by Minerva RC which was also being extensively used for launching race crews.</p> <p>I followed up with Monitor 3, a safety launch based by Minerva. They did not observe anything, but did talk to Byron after the event. Similarly Monitor 4, bank based at the end of the pumping house straight did not see the incident.</p> <p>Sarah was our umpire based at Minerva next to the kayak boating station for Div 4. She adds:</p> <p>On Saturday during my shift as Monitor 2, I watched (from Minerva pontoon) the double kayaks and paddle boarders launching from beside</p>	<p>– condensed version reported ABH incident</p>
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	<p>the Pump House. I spoke to nearly ALL of them and explained there would be a division coming down the river -as many as 60 boats. I got acknowledgment from those I spoke to. One man, presumably Bryon, said he had been told by Steve, the event was on Sunday. (I have since learnt that Steve is part of the canoe club) I asked him to stay close to the bank and he agreed he would. He was annoyed with us all....</p> <p>I believe he was given due warning.</p> <p>Further comments from Safety Boat leader forwarded on 11/10. Made clear that CK had got confused about canoeing event the next day.</p>	
8.10.22 11:00	<p>Report by Bristol Ariel 2-</p> <p>Brief description of the incident: Last corner of the race 2000m of 3250m into race.</p> <p>bridge on corner and the bow of boat hit the middle pillar of the bridge</p> <p>Measures taken: Signs for bridge warning but not enough marshals to guide crews round. we weren't the only boat to collide with the bridge that day.</p> <p>Were there any consequences?: Damage to bow of boat needs to go away for repair £595</p> <p>Jon says: This was div 2 with me at Umpire 6 and Antony at umpire 7. We both shouted to them & they knew the bridge was there. To me it's not about more marshals or more signs or more information. It's about crews not looking.</p>	21026 reported by BRA – no comment added by ACRC, as were waiting for wash up ABH incident
29.10.22	<p>Ian Bellamy at bow in Geoff Peattie reports, "An incident happened on Saturday morning involving Geoff Peattie and a university boat. We were rowing downstream at about the 500m mark. We were a little out from the bank doing a piece rowing at 3/4 pressure rate 24. A university single had capsized on the club side and a launch was present assisting. A women's quad was in the middle of the river with a second uni launch present. We collided with them and we believe their blade must have damaged our bow as you saw. Obviously our blades hit them with no reported injury or boat damage to them. To my knowledge no warning was shouted from their boat or the launch. No apology either and the young man in the launch was quite dismissive when questioned as to why he wasn't checking or directing his boat from being far out in the river".</p>	Not reported as identity of other boat not yet known. Which Uni?

Issues Arising

- 21074, 21075 & the 29/10/22 all serve to remind us to keep a good look out at all times. Regardless of who is 'in the right' everyone is responsible to avoiding collisions.
- 21089, 21149, 21026 are ABH related incidents and dealt with at the wash up meeting. We have just received a report from the Instructor concerned with



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the Paddle Board incident 21149. There may be further dialogue required, which I may need to pass to Alastair as ABH SA.

HRSA Monthly Report – Jan 2022

(This is a monthly report we receive on notable safety incidents and updates from across all BR clubs. The incidents reported in this section are not from ACRC, but may provide useful information and learnings for us)

- 2 juniors rowers died in Florida in September as a result of a lightning strike. A tragic reminder why we don't go rowing in thunderstorms.
- A reminder to check heel restraints regularly. Even correctly fitted ones can fail through wear & tear.
- "A club's landing stage, and that of the next door club, are regularly used by members of the public for swimming, launching boats from and generally hanging around on. This has been particularly bad during the school holidays when the weather was good. The land between the club houses and the river is public which further complicates things." Sounds familiar!

HRSA advice is "to limit your club's liability in the event of someone coming to harm. The only way that I can think that you could be found liable would be if that harm was caused (wholly or partially) by a defect in the landing stage. Signs saying Private - Keep off etc. would not stop someone being injured but (like disclaimers) would provide some protection for the club. It may be best to use self-adhesive signs stuck to the landing stage or even paint your message directly onto the landing stage."

Action – This needs some follow up with signage & a maintenance log for our rafts.

- BR have issued a Briefing Note on the use of Coaching/Safety Boats explaining the current BR position on these matters following recent communication from the EA. (Noting that we aren't an EA Waterway)
 - "Annual inspection of launches is not required at this point
 - Clubs need to arrange for all launch drivers to be qualified up to RYA 2 or equivalent & Events need to ensure that Powered Craft are manned by qualified drivers.
 - Clubs & Events need to ensure that Powered Craft have qualified drivers.
 - Clubs & Events need to be mindful that there is a policing system by the EA for compliance..."

Action – I need to work with Alastair to understand to what extent and how soon this might also apply to us. What will be the impact & actions required.

Rowsafe & Club Safety Audit



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Safety Audit – This has been started and needs to be submitted before 16th November. Looking through the audit and the documents required to be uploaded as part of it has, as ever, thrown up some issues, which I am dealing with as part of the annual review of the Safety Plan & Risk Assessment. Thanks to Philippa for her support in this.

Other Matters

- Thanks to the bank clearance crew & C&RT for reducing the overhanging tree at the start of October.
- Poppy has had to stand down as SA. I'm in discussion with possible replacements.