

# **Last Blast of Summer**

## **General Instructions to Clubs**

**An interclub time trial will be held on 26<sup>th</sup> September; please make the contents of these instructions available to all your club members.**

**Distance and Course:** This is a short distance time trial being held on the Bristol Avon. There will be two divisions at 09:00 and 10:30 raced over the 1000m Bristol Avon Regatta course. This is a straight course starting 1250 m above Avon County RC and finishing 250m above the club.

Crews should be in the start area ( just below bottom bridge ) 10 minutes before race time. Minerva will provide a boat and start marshals for above the course. Avon County will provide a safety boat on the straight and a marshal downstream of the finish. There will be Avon County timers on the bank, but no plans for other officials. The Covid Officer will keep a list of volunteers and their tasks.

**Clubs :** Six clubs have been invited. There will be entries from Avon County RC, Monkton Combe School and University of Bristol and possibly others.

The race is an informal private match; it is not on BROE and no ranking points will be awarded

### **Safety**

There is no host club, as such. Following BR and Government guidance, all clubs should already have in place a Covid-secure regime. Please ensure that your club observes this.

It is recommended that masks should be worn in the boathouse and kept on until a boat is launched. This minimises risks to the crew and to any helpers on the rafts. Helpers on the rafts should also wear masks and try not to lean over rowers or get too close to them.

Hand sanitiser and handwash stocks will be checked and provided at Avon County.

Please advise crews to keep a good look out for paddleboarders and canoes and shout to them when necessary.

Please also reinforce the message about the trees which have grown out into the river down the course; everyone will have seen them while training but racing increases the risks.

**Please also ensure that no-one showing Covid19 symptoms races or comes onto your site.**

### **Organisation**

Competing crews have been asked to enter using a Google form. All crew names are required and crews are asked to ensure that crew names are accurate on the day. The Google sheet will be kept for 21 days in case it is needed by Test and Trace.

There is no entry fee ( donations to a charity have been welcomed ) and no prizes.

The course will be timed by volunteers using watches. Results will be emailed; each crew has been asked for a contact email address.

There will be no spectators on site and no food on sale.

The RRC Chair and Safety Adviser are aware.

## **Covid Considerations and Risk Assessment**

Each club is asked to operate according to its own Safety Plan and Risk Assessment. Given that clubs are operating on their own water, the Risk Assessment for this event deals only with hazards arising from the event itself.

There are three main areas to consider:

- Numbers of people on site:
  - in boathouse
  - getting boats out
  - cleaning boats between divisions
  - using the toilets in the facilities block
- Social distancing for volunteers
  - Marshalling
  - Safety Launches
  - Race timing
  - Helping on raft
  - Equipment hand over
- River hazards
  - Other river users
  - Sinking rafts
  - Trees sticking out into river