

AVON COUNTY ROWING CLUB

MINUTES

Committee meeting held at Saltford Rowing Centre, Saltford Monday, 14 May 2018, at 7:30pm

Present: Jon Garner, Penny Senior, Nic Feaver, Debbie Blackmore, Patsy Lamb, Julian Sondheimer, Philippa Sondheimer, Clair Ponting, Will Gray

Apologies: Helen Willcox, Jim Dawson, Antony Constantinidi

Minutes of Last Meeting: Approved and adopted

MNK have kindly offered us the use of their new stable singles, negating the need for further research into the stabilizing floats used by MIN.

Update Action List (attached):

- It's time to paint blades. Jon will check the paint supply. Squad co-ordinators to organize the work.
- More and more requests to decorate the clubroom. Will will discuss with Antony and then organize (with MNK and UBBC) the contents and installation.
- Debbie to ask Helen Gadsden if her partner would like Gudgeon (possibly for a small donation). He converts old boats into furniture.

Reports (attached):

Captain and Juniors - No matters arising

Men - No matters arising

<u>Women</u> – No success in finding more masters' competition. Philippa will see if MIN are interested in a private match event.

<u>Beginners</u> – There was a discussion about how best to handle the LTR graduates going forward. With perhaps a couple of exceptions, they are not ready for the two established squads. It was suggested we create a 'development squad' of men and women with Clair co-ordinating. Debbie will help Clair until the last LTR session is complete, and continue to assist if required. Penny suggested we approach specific members to help as well, on the premise that people might not offer, thinking they aren't suitably qualified or experienced. Julian wondered if we might hire a coach for the development squad. Most of our coaches are already coaching regularly and it seems unreasonable to ask them to do more. There was no consensus on the hiring of a coach, and we agreed to revisit the idea next month.

Boathouse Management Committee Issues: The bridge track works are complete. Some ruts are already developing but Antony has a solution should the ruts continue to grow.

We have had a request from a Bristol charity (Together for Short Lives) to used the site/facilities for a paddle board fundraiser. There were no objections, with the stipulation that weekend mornings are not available and that it would be best to wait until school/uni breaks up. Debbie to liaise with the organisers.

Welfare: No matters arising.

Safety: People are not reporting incidents. The incident referred to in last month's minutes still hasn't been reported, despite Philippa sending the template to the crew.

Philippa to have a look at the Coxing & Steering Certificate course on RowHow.

GDPR – A proposed policy has been circulated. Debbie asked that the 'event' related section include a specific reference to the management of the email address/mobile phone number data stored in the rota files we create for every event. Event managers will be responsible for managing this correctly and for ensuring the data is deleted from all devices after the event.

Events: ASH/AAH— Nothing to report. Patsy asked if it would be possible to differentiate our medals (for both heads and BAR) by using different ribbons for each. Jim is in charge of medals and will need to research the cost/admin aspect of this suggested change.

<u>BAR</u> – Ran successfully, with the highest number of entries and races to date. The dividend, to be confirmed, will be in the region of £4500. The new PA system was a welcome improvement. The schools have said they prefer this weekend over our usual weekend.

<u>Bluefriars</u> –The Bluefriars committee do not wish to turn the date over to us. At the moment, the proposal is that MNK provide volunteers to take charge of the monitoring and we hope to confirm this and other arrangements before the end of term.

President's Dinner - 6 October

Finance/Subs: No matters arising. GoCardless is working fine.

Admission of New Members: Junior: Oliver Kingston, Talullah Brady, Harry Winter, Amy Saunders, Lily Barnett, Ollie Mills, Atticus Lorenzo, Andre Grady, Freddie Allerton, Tom Gray, Isabelle Peck, Isabelle Seymour

Full: Caspar John, Megan Phillips, Anna Senator, Fin Mitchell

Any Other Business:

Debbie - AGM date set for Saturday, 29 September at noon in the clubroom.

There are 9 never-used and 6 seldom-used private sculls on racks that are accessible, ie blocking good racks that regular scullers could use. Jon will speak to the racking team to start the process to add racks up in 'the gods' to which we can move the never-used boats.

<u>Will</u> – asked about putting monitors on the Swingulator. They can be attached when needed, but need to be removed and returned to the gym when the session is over.

<u>Nic</u> - Kieran Mulvaney would like to use the gym for a 24-hr ergathon he is doing to raise money in aid of Movember. Weekend of 26/27 May. Agreed.

Crews for national events approved as follows:

Henley Masters – **Men's 8**: Antony Constantinidi, Jon Barton, Jim Dawson, Jon Garner, Adam Carrier, Will Gray, Mike Carter, Bob Friend, cox tbc

W4x – Patsy Lamb, Frankie Tuck, Ange Scott, Abbie Rees **W4-** - Nic Feaver, Helen Gadsden, Kath Finucane, Sal Lewis

British Masters Champs -

Mx C 2x: Jon Barton, Nic Feaver G 1x: Antony Constantinidi W C 2x: Nic Feaver, Sal Lewis Non Champ C 1x: Jon Barton

W C 4+: Nic Feaver, Sal Lewis, Helen Gadsden, Kath Finucane, cox tbc F 4-: Jon Garner, Jim Dawson, Antony Constantinidi, Russell Thornton

Mx 8+: from the above, exact line up tbc

W C 4-: Nic Feaver, Sal Lewis, Helen Gadsden, Kath Finucane

E 2-: Jon Garner, Russell Thornton

Non Champ C 4+: Chris Roach, Andy Davies, Adam Carrier, Robin Woods, cox tbc Non Champ F4+: Will Gray, Steve Tufts, Bob Friend, Mike Carter, Jo Hardy

<u>Philippa</u> – Bath Spa still have not registered, which causes problems when entering race crews. Julian will send them an invoice for their BAR entry fees.

<u>Patsy</u> – We need more women's sculling blades. Eight pairs of Kingswood blades are in the West Wing. Penny will offer the school £1,000 for them. Debbie asked if the women's squad could spend a few minutes retaping all their blades. It's difficult for newer members to identify what blades to use (and where to return them when finished) when half the tape has fallen off them.

Date and Time of Next - Monday, 18 June 2018 at 7:30pm

Avon County Rowing Club Committee Action List

	Action	Date	Who?	Status
Equip	Paint new sets of blades (rowing & sculling)	02/03/09	PL, RL	Started
Equip	Check boats – replace bits and create list of parts – ask coaches – organise	28/7/14	All	Started
	checking days – need some more coaches – encourage all to check before			
	boating			
Equip	Seat amnesty	28/7/14	PSen	Started
Equip	Create spare rigger rack in WW	28/7/14	?	
Equip	Create a priority list of boats to be refurbished	13/10/14	PSen	
Equip	Boats need cleaning	23/3/2015	All	
Equip	Find a new home for big buoys - sell or rehome – Hereford RC	09/05/16	DB, AC	Started
Equip	Blade painting week – add to list of jobs needing doing	6/16		
Equip	Clear West Wing of unwanted items to make room for weights!	19/07/16		
Admin	Ensure all boats have AVNxxx numbers, including the launches	21/3/11	PSen	Started
Admin	Carrier bag tax	04/04/16	СР	Started
Admin	Moan more about dosh o/s	03/10/16	Co-ords	Started
Admin	Put gudgeon on eBay	19/06/17		
	Put note on WW thing	05/03/18	JD	
	Advertise Norstar	05/03/18		
	Look for masters competition	05/03/18		
	Circulate emergency plan on RN – check PSonds email	05/03/18	PSen	
	Note re river conditions – don't go through bridge, above minerva	05/03/18	PSon	
	Audit of personal information - GDPR	05/03/18		
	Mail chimp	09/04/18	PSond	
	Capsize drill	09/04/18		
	Set up BMG second authoriser for MNK or agree that AVN do it all	09/04/18	JSond, PSen	
	£3.5K ASH dividend – add to RN	09/04/18	PSen	
	Annual dinner – Autumn date			
	Consider subs increase for 2019			

Held:

Misc	Change club to a limited company – hold for now		
Misc	Sort out moorings		

Complete or no longer needed:

	Afternoon tea info for RN	05/03/18	PL	
Admin	Chase subs debtors/annual subs round up	08/06/09	Psond, Psen	Started
	Note re boats and finance – need to encourage newbies	05/03/18	PSen	Complete

Captains report:

Equipment - Repair

The replacement scull has arrived! Victor was collected at JIRR.

Equipment – New

A large box of spares was also collected at JIRR.

Coaches

This is a list of all the qualified and active coaches we have plus those that I know about that would like to qualify:

Name	L2 Session	L2 Club	L2 S&C	L3	IA	Bronze	Silver	RYA II Powerboat
Chris Hopper					Υ	Υ	Υ	
Penny Senior			Y 17		Υ	Υ	Υ	
Julian Sondheimer					Υ	Υ		
Andy Mason					Υ			
Geoff Peattie					Υ			
Philippa Sondheimer					Υ			
Debbie Blackmore		Y 12						
Charlotte Hook		Υ						
Mary Thorne		Υ						
Nic Feaver			С		Y 94			
Jon Garner		C 11						
Nick Dolman		С						
Annette Bartlett		Y 17						
Patsy Lamb		C 17						
Liz Gray	Y 17							
Ange Scott	Y 17							
Clair Ponting	Y 17							
Abi Shears	Y 17	C 18						
Andy Haines	?							Y 2018
Jo Elliott	?							
Nick King					·			Y 2018
Scott Dowell								Y 2018

Key:

Y – qualified (+ year) C – did the course but hasn't qualified yet B – booked on course (+year)

Results

Will have to wait

Matters Arising

None

Junior Coordinators Report:

Nothing to report really, beginners progressing, we will start some more soon. The parents organised a Sunday morning bbq and plan to run Sunday morning bacon butties going forwards.

Matters Arising

None

Men's Squad report 14th May 2014

Well done to Andy M, Will G, Ian D, Fergus, Mike C, Simon, Rob S, Steve M in the 8+, Julian S in the Mx 4x and Keith T in the BOA 8+ for surviving the Head of the Dart and placing 28^{th} , 101^{st} and 66^{th} respectively.

Congratulations to Jon B, who won at Evesham Regatta in Mx MasB 2x and at Bristol Avon Regatta in Mas c 1x. Congratulations also to Jo H, Will G, Mike C, Bob and Steve T for winning in their Mas F 4+ at Bristol Avon Regatta.

Seat racing went well with a few surprise results. Our next races will be Monmouth Regatta, Hereford Regatta and British Masters Champs.

Women's Squad Report, May 2018

Races

Head of the Dart

Philippa and Ruth raced in a mixed 4x- on a rainy day at this years Head of the Dart, completing the 15k course in a very respectable time.

Evesham

Philippa, Ruth, Chloe and Ange E came together to form a scratch crew for this event but sadly lost against their opposition.

Carol, Susan C'ber, Odette and Chrissie, coxed by Tom Comber won both of their races in their primary coxed guad event, taking home pots as overall winners.

Bristol Avon Regatta

There were several wins for the women's squad at our home event:

Philippa, Ruth, Chloe and Ange E came together again, a week a week after Evesham, to win in the masters coxless quad.

Kath, Helen G, Sal and Nic coxed by Rachael (Bath) won in the masters four.

Sal and Nic jumped straight into a double, to race and win again!

Two crews raced as coxed quads - Dawn, Lynne, Laura S and Charlie, coxed by Ange S (scratch crew) and Carol, Susan C'ber, Odette and Chrissie. Minerva were the third crew in this race, losing in the final to our winning crew of Carol, Susan, Odette and Chrissie.

Two fours raced well, winning at least one heat each. Kirsty, Meg, Frankie and Abi S coxed by Patsy got through to the second heat but lost against the eventual winners. Hannah, Chloe, Tanya and Charlotte coxed by Philippa, made it through the heat winning against Minerva, but lost to Pangbourne in the final.

Patsy, Ange S, Abbie and Frankie raced as a coxless quad, losing to Exeter.

Next races: Hereford and Nottingham

Several ladies attended small boat training day (designed for those with less experience) on 28th April. It was good to see several ladies getting into a single for the first time.

Written by: Patsy Lamb, Women's Squad Coordinator

Beginners Squad Report - May 18

Spring LTR graduates next week. They then move to membership of the club and join a novice development squad which will grow with every LTR this year. 18 will start the squad. Most are developing well and enjoying the diversity of the course. There are a couple of people who are struggling but we are working on it. I have concerns about one member who rarely turns up for sessions and has missed roughly half the course.

Working on afternoon workshops once a month for the development squad working on small boats, coxing and racing. I did contact Bristol Ariel to come over with their beginners for an informal race and side by side practice in July. The reply came back 'we may have enough for a novice women coxed four race'. With 46 i didnt think it would be possible to select just 4 ladies so declined the offer. We'll race ourselves.

Of the 18 on the course 12 helped out at the regatta mostly in catering but also as umpires assistants.

Summer course starts 26/27 May for the first taster sessions. There was 29 booked on but one lady has changed to autumn as she booked a holiday on the days of the tasters!!!

In last 2 days I've had 3 enquiries. 1 has been offered the spare place on the Summer course but he's thinking about it! Most taster fees are in and I'm chasing those that are still outstanding.

Autumn course currently has 16+ on waiting list. Bank details haven't been released yet. Will do this once summer starts.

I'm finding the majority of sessions are being done by me. When the summer session starts i will be managing 46 people and will mean I will be doing 4 coaching sessions both Sat and Sun. Regular help from others would be much appreciated! The online booking form is working well and we are working on an update to encompass both LTR and Fledgling squad so i can manage people and coaches efficiently.

Please could i campaign for buying 2 more explore doubles as 2 isn't really enough for my growing brood plus sharing them with the women's squad.

Safety Report for Committee May 2018 V2

Incidents 2017/8

Incidents since the previous meeting

Date	Description	Report no
unknown	The Dad's four hit Black Diamond with their bow ball and were swung by a fast flowing river into the bridge. Not reported in accident book, though they have the template for the report.	Not yet reported
8.4.18	Junior girls capsized from double – full report promised at previous meeting but the incident is not in the book	Not yet reported
21.4.18	500m upstream of the club. In Hero, Jacqueline Walker and Clare Crossley capsized as both lifted both blades on the same side at the same time. Nothing broken, rowed back.	10643
12.5.18	ACRC Regatta: Race A22, Event 6, Boat No 19. Monmouth School for Girls WJ18 8+.Caught a crab, and handle cut across the side of her neck. Rescue Launch Start (Nick Dolman) took the girl off the boat and brought back to the boathouse. Safety Advisor took her to First Aid (Penny Senior). Safety Advisor briefed the Monmouth School for Girls coach on what was happening and he then took over responsibility. The girl was well enough to race later in the day.	10656
12.5.18	ACRC Regatta: Race 49, Event 43, Boat No 161. Monmouth Comprehensive School OJ14 1x. OJ14 (female) 1x capsized on the start. Rescued by Rescue Start Launch. Sculler and scull brought back to ACRC by the Start Marshall Boat (Andy Mason/Debbie Blackmore). Sculler's coach met sculler off the boat. DB advised/offer to take sculler to the showers and first aid. Was offered the same advise by Safety Advisor, though coach insisted he wanted to take responsibility for sculler going forward and assisted her away from rafts. Advised later that sculler had taken shower and was well.	10657

4.4.18	Chris Roach, Andy Davies, Ian Churchman and Robin Wood in Derek coxed by Harry	10666
	Roach, heading back towards Avon coming through the top bridge. The stern was taken	
	by the very strong current, this threw them off course. The bow then hit a canal boat	
	which was moored alongside another canal boat (so two abreast). The stern then struck	
	the bridge and for a few seconds. They were stuck between the boat and bridge at right	
	angles to the stream. Fortunately the stern scraped through and they then managed to	
	regain control and rowed home. Damage to the bow ball and the stern repaired by Jon	
	Garner.	

Issues

Reporting – See above. Two incidents which I am aware of have not been reported in the club accident book. **Please can we make sure we report all incidents.**

Regatta – Safety incidents now recorded above and, by Annette, on BR system

Safety Reports – As a result of the previous Safety Report about being swept about by a fast-flowing stream we decided we needed a notice entitled "If in doubt, don't go out" notice listing some of the risk factors, including fast flow. This has been circulated on RN and is taped up in the boatshed near the signing out book.

The latest Safety Report is attached and is about setting up ergos. I think.

We could look at the Coxing/Steering Certificate and see whether it could be issued as part of Debbie's briefings – OS issue from April

Emergency Plan – has been publicised in RN.

Philippa

13 May 2018

AVON COUNTY ROWING CL	UB						
Financial Report for Commit	tee Meeting or	1					
14 May 2018							
14 may 2010							
1. BANK BALANCE		This		ious		Change	
I. BANK BALANCE		report	repo	_			
	Interest	(14/05/18)	(09/	04/18)			
	rate						
Current account - General		40,692		0,583		10,109	
Current account - Captain		1,691		1,691		0	
Deposit account	0.07%	950		950		0	
100 Club account		1,264		1,264		0	
CAF Cash account	0.050	2,670		2,453		217	
CAF Gold account	0.05%	777		777		0	
/irgin Money account	0.50%	17,762	_	7,762		0	
Total in bank		65,807	5	5,481		10,326	
3eneral excludes subs standing order receipts since 0				_			
There are also accounts for ACRC events: HSBC (all	except Bristol Avon Regatt	a), NatWest (Bristol A <u>von</u>	Regatta)	_			
				_			
Debtors: Entries & gym/landtraining		n/a		810			
Debtors: Kit		n/a	_	375			
Fotal entries & kit debtors		n/a	,	1,185			
2. MAJOR INCOME & EXPEN	DITURE ITEMS	S SINCE LAS	T REPOR	Т			
excluding normal routine items)			Am	ount			
poat spares				1.042			
/ictor 4x- repair - insurance excess (me	t by Gift Aided dona	tion)		0			
sweep riggers A Barton				631			
overhaul small trailer				649			
Jonation from Monkton Bluefriars for ju	niors			1.750	income		
ea party and boathouse catering (wome				421	income		
ASH 18 dividend	Dout falluj			4.500	income	 	
3ift Aid claim				535	income		
THE PERSON NAMED IN COLUMN NAM							
3. IMPENDING MAJOR EXPE	NDITURE/INC	OME		- 			
J. IMITENDING MAJOR EXPE	MUTTORE/INC	OIVIE					
	$\overline{}$		Am	ount			
New boats 4+, 2x, 1x			approx 2	20,000			
3AR 18 dividend				4,500	income		
4. FINANCIAL ISSUES							