

## **Avon Bluefriars Head of the River Covid-19 Precautions – 9<sup>th</sup> October 2021**

Due to the continued prevalence of Covid-19 infections in the population we would like to draw your attention to the precautions we will be taking to reduce the potential spread of the virus at the event. We ask you to inform all members of crews and coaches who are attending of these precautions.

1. Do not invite spectators or supporters to attend the event.
2. Registration will be situated in the open, underneath the boathouse balcony on the river side of the building. Please send only one person, who should wear a face covering, to register and collect numbers.
3. Coxes will be weighed in a hands-off manner. Each cox will be asked to record their own weight and attach a wrist band to indicate whether they are required to carry extra weight.
4. Control Commission checks will be 'hands off'. The umpire or their assistant may ask members of the crew to demonstrate that their boat is compliant with British Rowing regulations. For example, a crew member may be asked to show that the heels restraints are attached and do not allow the heels to rise about the horizontal position. Coxes may be asked to demonstrate that their life jackets/buoyancy aids are adequate and whether they are required to carry extra weight.
5. Admittance to the boathouse will be restricted to umpires, officials and members of ACRC, Monkton Combe School, Bath Spa University and Bristol University.
6. When outside, there should be plenty of room for social distancing but please be prepared to wear a face covering should there be any busy areas. For example, queuing for toilets.
7. Crews should not share boats or equipment with other clubs. ACRC will not be lending any equipment to other clubs. Clubs should follow their own procedures for cleaning boats that are shared with other crews from their own club.
8. No member of a crew or club should attend if they are showing the symptoms of Covid-19 or have tested positive for the virus.
9. Please ask members of your club to use the NHS Covid App to register their attendance using the QR code that will be available for scanning.