



## AVON COUNTY SPRING HEAD 2024

Under British Rowing Rules and Rules of Racing and RowSafe

Saturday 2<sup>nd</sup> March 2024 on the River Avon at Saltford  
Long course 3250m downstream at 10:00, 12:45 and 15:30  
Short course ( J14 and below and beginners) 1500m downstream at 09:45,  
12:30 and 15:15

Races for adults and juniors - all ages - all boat types

Crews may be divided into bands for medals, determined by Ranking Points and age categories. Bands will be declared on the draw. Medals for winners of all contested categories and bands.

Entry fees: £12 per seat, coxes free  
Entries: via BROE, payment on-line or by cheque or BACS  
Postal address: P Sondheimer, 1 Middle Lane, Bath BA1 6LS  
Email enquiries: [philippa.sondheimer@gmail.com](mailto:philippa.sondheimer@gmail.com)  
Telephone enquiries: 07889 750 545

Entries close: Thursday 22<sup>nd</sup> February 2024 at 12:00 noon  
Draw details: Posted on the website by Monday 26<sup>th</sup> Feb  
Emailed out with safety docs and instructions

For further details see [www.avoncountyrowingclub.org.uk](http://www.avoncountyrowingclub.org.uk)  
The Committee reserves the right to restrict entries for safety reasons