



## AVON AUTUMN HEAD OF THE RIVER 2019

Under British Rowing Rules and Rules of Racing  
Compliant with British Rowing Policy on Safeguarding and Protecting Children and  
Vulnerable Adults

Saturday 16th November 2019 on the River Avon at Saltford  
Long course 3250m downstream at 10:45 and 13:45  
Short course ( J14 and below, and beginner J15 and adults ) 1500m  
downstream at 10:30 and 13:30

Adults and J15 and above - eights, quads, fours  
J12, J13 and J14 - octuples and coxed quads  
Beginner J15, J16, senior and masters - coxed quads

Crews may be divided into bands for medals, determined by Ranking Points  
and age categories. Bands will be declared on the draw. Medals for winners  
of all contested categories and bands.

Entry fees: £10.00 per seat, coxes free  
Entries: via BROE only, payment on-line or by cheque  
Postal address: P. Sondheimer, 1 Middle Lane, Upper East Hayes, Bath BA1 6LS  
Email enquiries: philippa.sondheimer@gmail.com  
Phone enquiries: 07889 750545

Entries close: Thursday 7<sup>th</sup> November 2019 at 12 noon  
Draw details: Provisional details on website by Tues 12<sup>th</sup> Nov

For further details see [www.avoncountyrowingclub.org.uk](http://www.avoncountyrowingclub.org.uk)  
The Committee reserves the right to restrict entries for safety reasons