

AVON AUTUMN HEAD 2019

GENERAL NOTES FOR COMPETITORS

Don't forget your wellies!

1. **WELFARE:** This race is run in accordance with the British Rowing Safeguarding and Protecting Children Guidance Guidelines for Rowing Competitions (SPCG11). Our Welfare Statement has been sent to all competing clubs.
2. **INSURANCE:** Please be aware that the British Rowing membership insurance is only valid for UK residents who are resident in this country for more than six months in a year.
3. **CANCELLATION:** If we have to cancel we hope to be able to refund most of the entry fee. This will be at the discretion of the Organising Committee. We expect to make a clear decision to run or cancel by Thursday 14th November and will display this on our website as soon as possible. However conditions on our river can improve or deteriorate in just a few hours. We do not want to cancel on Thursday to find conditions are ok on Saturday. Should conditions on Thursday be borderline we will explain the situation on our website, so clubs travelling from afar can decide whether to travel. Any refund of entry fees will be at the discretion of the committee.
4. **KIT** Please ensure that you and/or any crews you are coaching are wearing kit appropriate for the weather conditions on the day.
5. **PARKING - Boats and trailers** Towing vehicles, trailers and minibuses (only) can park in our 'top field' through our entrance on the A4.
6. **PARKING - Private cars** may park in Barnsdale Farm field which is on the A4 100m east of the club. If you are bringing a dog, please note that it must be kept on the lead at all times.
7. **PARKING - Coaches** – Once competitors have been dropped off by the club, please park coaches either in the lay-by on the A4 or in Pixash Lane (5 minutes away - our marshals will direct you). If approaching from the Bath direction, there is a bus stop just before, and across the road from our entrance, to use. Be aware that this is a very busy main road and crossing requires great care, but our marshals will assist if necessary. If coming from the Bristol direction, then the coach will have to stop alongside the field, just before our entrance.
8. Please make arrangements for your coach drivers to be notified to come and pick up only when competitors are ready to leave.
9. **CHANGING, SHELTER and TOILETS:** No changing facilities are available. We have limited cover on site; please bring a gazebo if possible and you will be able to pitch it in the trailer park or by the pond. Toilets will be provided in the club car park. NB: Showers are not available to visitors, so bring a change of dry clothing. Anyone who falls into the river will be offered emergency access to the club showers.
10. **REGISTRATION:** Will open about one hour before first launch time. Crews launching from Minerva must send someone to Avon County to register. All substitutes must be declared and show their racing licences. All crews must wear paper numbers on the racing kit of both bow and cox and carry Empacher numbers on the bow of the boat. Empacher numbers not returned will be charged at £5 each.

11. **COXES** will be weighed. Clubs must bring their own weights. None are available on the day.
12. **THE NEAREST HOSPITAL** is the Royal United Hospital which is about 10 mins by car from Saltford. The First Aiders will advise. The phone number of the hospital is 01225 428331 and its address is Combe Park, Bath BA1 3NG.
13. **CANAL & RIVER TRUST** ask that you should be careful of other people using the towpath.
14. **LITTER:** Please take your litter home.
15. **PRIZEGIVING:** There will be no official prize-giving. If you have won, please show racing licences for the whole crew at Registration and you will be able to collect your prizes.
16. **DIVISION TIMES** are as below:

	Div 1 short	Div 2 long	Div 3 short	Div 4 long
Launching starts	10:00	09:45	13:00	12:47
Last boat on the water	10:05	10:15	13:05	13:15
Race	10:30	10:45	13:30	13:45